What Made a Difference in Recovery?
My Story of Struggle and Overcoming

Rosie Hill
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Joan Gillece, Ph.D.

Moderator

Project Director, SAMHSA’s National Center for Trauma-Informed Care (NCTIC)

National Association of State Mental Health Program Directors
What Made a Difference in Recovery?

My Story of Struggle and Overcoming
I was born with a feeling of emptiness. Nothing that I experienced filled this void and I couldn’t find a way to connect myself to the world.
For a while, heroin allowed me to tolerate living. And then, just as quickly as it had given me relief, it began to kill me.

I escalated from occasional use, to physical and emotional dependence, within weeks.
I dropped out of school. I was in and out of jail, hospitals, and rehabs.

**Arrest Information**

**Full Name:** Roseanna Hill  
**Date:** 06/24/2014  
**Arresting Agency:** ORANGE COUNTY SHERIFF OFFICE

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**Roseanna Hill**  
**Orange**  
**Date:** 6/24  

**#1 BATTERY**  
**STATUTE:** 784.03-7 (FIRST DEGREE MISDEMEANOR)

**#2 PETIT THEFT (RETAIL)**  
**STATUTE:** 812.014(3)(A)-3 (SECOND DEGREE MISDEMEANOR)

**#3 POSSESSION OF HEROIN**  
**STATUTE:** 893.13(8)(A)-51 (THIRD DEGREE FELONY)

**#4 POSSESSION OF DRUG PREPARED FOR SALE**
I went to some of the nicest rehabs in the country, but got sober in a Baltimore inner city rehab that saved my life.
I still feel the void, but now I recognize that it is a spiritual void and one that cannot be filled by a human power.
You are never alone!
Healing happens –
connections matter!
Type in the chat box and tell us:

What is one thing that you will put into practice after this webinar?

What is one thing you learned today that surprised you?
Contact Information

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