Parent Peer Support:
What we’ve learned

Pat Hunt
Executive Director

Jane Walker
Senior Advisor
How parent peer support differs from youth & adult

• Families with lived experience in parenting/raising a child provide support to others with similar experience (their experience is different – multi system, responsibility without authority, etc.)

• Their support is more than a 1:1 – it provides what families need in order to support their child/siblings and family – it is a ‘one off’ from adult/youth peer support

• Their support yields positive outcomes (including clinical outcomes)
Challenges you may be experiencing

- Sustainable funding
- Clarity between certification & training
- Rates that invite and KEEP the best providers
- Programs that offer career growth
Funding

• 30 states are billing Medicaid
  o State Plan Amendments
  o Waivers
  o Health Home SPAs

There are other funding sources as well – they may be managed by other departments
Changes to Parent Peer Support as a Result of COVID

FREDLA conducted an online national survey of parent peer support providers.

August 27, 2020 – September 30, 2020
“Chef Eberhart” helped families have fun by sharing recipes and cooking with them!

Ms. Kara read stories for specialized day care.

--- we learned about extraordinary people and what they were doing ---
Expansion of services

[Bar chart showing responses to the question of expansion of services.]

- **No**
- **Yes**
- **If yes, please describe**

The chart indicates the percentage distribution of responses to the question of expansion of services.
Changes in intensity of family needs
Benefits to offering virtual PPS

Challenging for PPSPs during COVID

1) More difficult to engage and support families when not physically with them
2) Working from home with my own family’s needs
3) Strain on my personal well-being
4) Use or reliability of technology in my home
5) Maintaining a consistent schedule
Beyond COVID, most PPSPs would prefer flexibility to use both in person and virtual PPS based on families’ needs and preferences.
We are already working in many states
New and soon to be released...

**Business of FROs**
Packaged series of webinars, resources and tools for FROs

**Translated resources**
Useful resources translated to Spanish for use in the field

**National PPS training event**
2021 - First national PPS virtual training event for PPSPs, Supervisors and Organizations

**New videos**
Videos featuring family-run organizations in Florida, Arizona and New Mexico.

**New collaborations**
National TA Centers, National Council, CWLA and more!

**New resources and tools**
Organizational readiness, trainings/curriculum, mentoring and more!
FREDLA is a partner in two new national TA centers

E-mail: NNTACinfo@cars-rp.org
Phone: 888.945.9377
Website (coming soon): http://www.nttacmentalhealth.org
Request TA: https://tinyurl.com/RequestNTTAC-TTA

Website: https://youthmovepeercenter.org/
Request TA: https://youthmovenational.iad1.qualtrics.com/jfe/form/SV_9QwdHFz9q2xLnhz
THANK YOU!

FREDLA Team