NASMHPD
Legal division meeting

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Brian M. Hepburn, M.D.
Executive Director
National Association of State Mental Health Program Directors (NASMHPD)
Will Discuss

- NASMHPD Strategic Plan and Efforts
- Trends in State Public Mental Health Systems
Represents the $41 Billion Public Mental Health System serving 7.3 million people annually in all 50 states, 4 territories, and the District of Columbia.

Affiliated with the approximately 195 State Psychiatric Hospitals: Serving 147,000 people per year and 41,800 people at any one point in time.
NASMHPD Strategic Plan and Efforts
MISSION

NASMHPD will work with states, federal partners, and stakeholders to promote wellness, recovery, and resiliency for individuals with mental health conditions or co-occurring mental health and substance related disorders across all ages and cultural groups, including: youth, older persons, veterans and their families, and people under the jurisdiction of the court.
**Values**

- Least Restrictive and Most Integrated Setting
- Human Rights and Health Equity
- Health and Wellness
- Recovery and Person-Centered Services and Planning
- Unique Role of Safety Net Services in the Public Mental Health System

- Empowerment
- Community Education
- Zero Suicide
- Working Collaboratively
- Effective and Efficient Management and Accountability
- Culturally and Linguistically Responsive
- High Quality Workforce Capacity
NASMHPD Goals Address

- Health, wellness, and resiliency
- Integrated care
- Prevention and Early Intervention
- The use of trauma-informed approaches
- Interventions that minimize individuals’ contact with police, jails, prisons, juvenile correctional facilities, and courts
- Workforce
- Employment, housing and reducing homelessness
- The use of data and Health Information Technology (HIT) to improve quality
NASMHPD Promotes a Comprehensive High-Quality Continuum of Care

- Trauma-Informed Care
- Early Intervention in Psychosis (EIP)
Trends in State Public Mental Health Systems
Number of State Psychiatric Hospitals & Resident Patients at the End of Year: 1950 to 2014

Sources: CMHS Additions and Resident Patients at End of Year, State and County Mental Hospitals, by Age and Diagnosis, by State, United States, 2002, and 2015 State MH Agency Profiles System
Intended Use of State Psychiatric Hospitals: 2015

- **Forensic**: 39 states for Long-Term Care, 35 states for Intermediate Care, 41 states for Acute Care
- **Elderly**: 42 states for Long-Term Care, 42 states for Intermediate Care, 39 states for Acute Care
- **Adults**: 41 states for Long-Term Care, 44 states for Intermediate Care, 43 states for Acute Care
- **Adolescents**: 15 states for Long-Term Care, 21 states for Intermediate Care, 18 states for Acute Care
- **Children**: 10 states for Long-Term Care, 14 states for Intermediate Care, 13 states for Acute Care

Legend:
- Long-Term Care (more than 90 days)
- Intermediate Care (30-90 days)
- Acute Care (less than 30 days)
Bed Shortages in State Psychiatric Hospitals, 2015

Number of States

- Acute Beds: 16
- Long-Term Beds: 22
- Forensic Beds: 25
- Any Type of Bed: 34
Bed Shortages Have Led to...

- Increased Waiting List for State Hospital Beds: 24
- Increased Waiting List for Other Psychiatric Beds: 16
- Overcrowding: 7
- Greater Reliance on EDs: 3
- Resistance in State to Closing More Beds: 9
- Greater Average Distance between Client and Hospital: 3
Organization of M/SUD
Service Responsibilities: 2015

- Combined MH/SA (35)
- Separate Department (4)
- Separate, In Same Umbrella Dept. (11)
- No Response (1)
SMHA MH Clients Served Per 1,000 State Population, 2014

- 4.6 to 16: 12
- 16 to 22.6: 15
- 22.6 to 35: 12
- 35 to 51: 12

Legend:
- Red: 4.6 to 16
- Green: 16 to 22.6
- Yellow: 22.6 to 35
- Dark Green: 35 to 51
Individuals Served by SMHAs: 2014

- SMHAs provided mental health services to over 7.3 million individuals during FY 2014
  - 2.3% of the US Population
  - 68% of Adults served had a Serious Mental Illness (SMI)
  - 70% of Children served had a Serious Emotional Disturbance
Percent of Clients Served, by Service Setting: 2014 URS

- 98% of clients received community-based mental health services
  - 22.3 per 1,000 population (range from 0.8 to 51.2 per 1,000)
- 2% of clients received services in state psychiatric hospitals
  - Range from less than 1% of clients (in 11 states) to 12% in (2 states) of total clients served
- 4.6% of clients received services in other psychiatric inpatient settings (37 states reporting on OPI)
Financing SMHA and SSA Systems: FY 2014
Trend in State Mental Health Agency Controlled Mental Health Spending, FY'81 to FY'14

SMHA-Controlled Expenditures (in Billions of Dollars)

Current Dollars

Constant Dollars

NRI
Analytics Improving Behavioral Health

Slide 19
State Mental Health Agency Controlled Expenditures for State Psychiatric Hospital Inpatient and Community-Based Services as a Percent of Total Expenditures: FY'81 to FY'14
SMHA-Controlled Revenues for Mental Health Services: FY 1981 to FY 2014

- Other Funds
- Other Federal
- MH Block Grant
- Federal Medicaid
- State Medicaid Match
- State General Funds

Mental Health Block Grant

State General Funds

Other Funds

Other Federal

Federal Medicaid

State Medicaid Match

Slide 21
Funding Sources of SSAs and SMHAs: FY 2014

- **State Funds (not including Medicaid Match)**
  - SSAs: 40%
  - SMHAs: 45%

- **Medicaid (Federal & State Match)**
  - SSAs: 49%
  - SMHAs: 16%

- **SAMHSA Block Grants**
  - SSAs: 32%

- **All Other Funding Sources**
  - SSAs: 6%
  - SMHAs: 10%
Thank you!