Behavioral Health is Essential To Health

Prevention Works

Treatment is Effective

People Recover
Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS) or the Center for Substance Abuse Treatment (CSAT), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).
Team Progress and Review:
The importance of checking your pulse

National Center for Trauma-Informed Care
Virtual Learning Network (VLN)

Session Four – May 2017
## Agenda for the call

<table>
<thead>
<tr>
<th>Check-in &amp; Attendance</th>
<th>Melody Riefer</th>
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<tr>
<td><strong>Team Progress and Review:</strong></td>
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<td>Mid-point review: where are we and where do we want to go?</td>
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<tr>
<td>Action Steps &amp; Wrap-up</td>
<td>Melody Riefer</td>
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<tr>
<td>PDSA worksheet for project work</td>
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<td>Submitting work for discussion</td>
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<td>Readings for discussion</td>
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Interactive Virtual Learning Network

- Use the Chat Box for introductions, questions and thoughts to share with your colleagues
  - *Press *6 on your phone to Mute/UNmute your phone*
  - We do want to limit background noise and cross-talk
- **Consistent attendance is really helpful!**
  - When you join the call please type into the chat
    - Who’s on the call. *This is really important for teams that are sitting together and sharing a computer and phone*
## Check-in & Attendance

<table>
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<th>Location</th>
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<tr>
<td>Aspire (Albany GA)</td>
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<td>BHD Arlington County (Arlington VA)</td>
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<td>Chesapeake Integrated BH (Chesapeake VA)</td>
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<td>King County (Seattle WA)</td>
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<td>KishHealth System (DeKalb IL)</td>
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<td>Life Link (Santa Fe NM)</td>
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<td>Sertoma Centre (Alsip IL)</td>
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Some topics or themes to speak to:

- What have you learned about your peer workers in the past few months?
- What have you learned about your agency culture in the past few months?
- Does your agency embrace or resist change?
- What are the opportunities for growing a more extended career ladder for peer workers in your agency?
- Are there policies that prevent full integration of peer workers as being seen as or feeling like ‘real’ staff members?
- How is our VLN Team working together?
  -Does this give any insight into how the agency works as a team?
- What are your needs to obtain a concrete benefit from having participated in this VLN?
VLN Topics Moving Forward

Poll questions

1. From the topics below [rank, chose three?] that you feel would most benefit your team and your learning in our remaining months.

2. From the open-text poll box enter a topic that you feel may be missing from the list.
Next Learning Network call is **June 27th**

**Read pages 22-30** from *The Provider’s Handbook On Developing & Implementing Peer Roles*

Complete a **PDSA Worksheet** based on our project
  - *Keep moving in small steps and scope*
  - *1 worksheet per step, action, or sub-goal*

Submit completed PDSA Worksheet (or summary) for shared report out during the April Call no later than **noon on Wednesday, June 21st**.
Our goal for this project...

We will increase meaningful involvement of peer workers within service delivery and leadership/management of programs by strengthening the definition and understanding of the role of peer services.

This is a priority because individuals with first person experience of recovery have a wealth of knowledge and compassion that is critical for continued improvement of the behavioral health system.

Tap into your experts!