The Impact of the State Fiscal Crisis on State Mental Health Systems

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President, NASMHPD
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## Level of SMHA Budget Reductions:

**FY2009 to FY2012 Total $2.2 Billion in Cuts**

<table>
<thead>
<tr>
<th>Year</th>
<th>Average</th>
<th>Median</th>
<th>Minimum</th>
<th>Maximum</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FY 2009</strong>&lt;br&gt;(35 States)</td>
<td>$18,979,310</td>
<td>$10,000,000</td>
<td>$0</td>
<td>$107,000,000</td>
<td>$664,275,843</td>
</tr>
<tr>
<td><strong>FY 2010</strong>&lt;br&gt;(35 States)</td>
<td>$23,341,083</td>
<td>$12,300,000</td>
<td>$0</td>
<td>$203,000,000</td>
<td>$816,937,917</td>
</tr>
<tr>
<td><strong>FY 2011</strong>&lt;br&gt;(31 States)</td>
<td>$20,812,710</td>
<td>$11,267,905</td>
<td>$84,000</td>
<td>$162,000,000</td>
<td>$645,194,004</td>
</tr>
<tr>
<td><strong>FY 2012</strong>&lt;br&gt;(7 states)</td>
<td>$13,279,671</td>
<td>$7,300,000</td>
<td>$2,194,458</td>
<td>$32,000,000</td>
<td>$92,957,695</td>
</tr>
</tbody>
</table>

Preliminary Results based on 45 SMHAs Reporting
Types of Services SMHAs are Cutting

Adult Mental Health Services Being Cut: FY’10 & FY’11

Number of States Cutting Service

- Crisis Services: FY’10 - 4, FY’11 - 7
- Targeted Case Management: FY’10 - 4, FY’11 - 8
- Employment: FY’10 - 5, FY’11 - 8
- Peer Support: FY’10 - 6, FY’11 - 6
- Prescriptions: FY’10 - 5, FY’11 - 7
- EBP Services: FY’10 - 4, FY’11 - 8
- Housing: FY’10 - 8, FY’11 - 8
- Day Services: FY’10 - 8, FY’11 - 9
- Other Services: FY’10 - 6, FY’11 - 9
- Other Inpatient: FY’10 - 8, FY’11 - 9
- Clinic Services: FY’10 - 12, FY’11 - 12
- Workforce Development: FY’10 - 13, FY’11 - 13
- State Acute Inpatient: FY’10 - 18, FY’11 - 18
- State Long Term Inpatient: FY’10 - 20, FY’11 - 21

Preliminary Results based on 45 SMHAs Reporting
## Closing State Psychiatric Hospitals & Hospital Beds (2010-2012)

<table>
<thead>
<tr>
<th></th>
<th>SMHA Has Closed</th>
<th>SMHA is Considering Closing</th>
<th>Total Closed or Considered</th>
</tr>
</thead>
</table>
| State Psychiatric Hospitals | 5 States
6 State Hospitals | 4 States
6 State Hospitals | 6 States
12 State Hospitals |
| State Hospital Beds  | 25 States
2,198 Beds | 17 States
1,732 Beds | 3,930 Beds* |

* 3,930 beds are over 8% of State Psychiatric Hospital Bed Capacity

<table>
<thead>
<tr>
<th>Types of Beds SMHAs are Closing</th>
<th>Acute Care</th>
<th>Long-Term Care</th>
<th>Forensic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children</td>
<td>8 States</td>
<td>4 States</td>
<td>2 State</td>
</tr>
<tr>
<td>Adults</td>
<td>12 States</td>
<td>16 States</td>
<td>3 States</td>
</tr>
</tbody>
</table>

- 4 SMHAs were able to retain all the savings from closing state hospital beds to use within their MH System.
- 15 SMHAs were able to retain a portion of savings to use for MH.

Preliminary Results based on 45 SMHAs Reporting
Most of SMHA Budget Cuts are from General Revenue Funds

FY 2010
- 75% of Reductions from State General Funds
- 22% from Medicaid

FY 2010 to FY 2011
- 49% of SMHAs (22) responding are cutting services to indigent consumers without Medicaid.
  - Many SMHAs report that this has reduced available services to many consumers:
    “There has been a significant cut in general funded services for non-Medicaid people, leaving them totally uncovered.”

Preliminary Results based on 45 SMHAs Reporting
Increased Demand for Mental Health Services During the Recession

Percentage of States Experiencing Increased Demand for Services

- Community MH Services: 56%
- Crisis Services: 29%
- Emergency Room use of ED: 18%
- State Hospital - LTC: 18%
- Psychiatric Emergency Screening: 18%
- State Hospital - Acute Care: 18%
- Other Psychiatric Inpatient: 13%

Preliminary Results based on 45 SMHAs Reporting
DIRECT QUESTIONS OR COMMENTS TO:

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