MHTTC Network

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Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration
Purpose of the TTCs

1. Develop and strengthen the workforces that provide substance use disorder and mental health disorder prevention, treatment, and recovery support services.

2. Help people and organizations incorporate effective practices into substance use and mental health disorder prevention, treatment, and recovery services.
Each TTC Network includes 13 centers.*

Network Coordinating Office

National American Indian and Alaska Native Center

National Hispanic and Latino Center

10 Regional Centers (aligned with HHS regions)

*The ATTC Network also includes 4 international HIV centers funded by the President’s Emergency Plan for AIDS Relief.
## TTC Operation

### NCOs
- Network wide coordination
- Nationwide activities coordination
- Main platform for training access
- Liaison for national and international focused activities

### National Focus Area Centers
- Serve as center of excellence/subject matter expert for specific populations nationally
- Support national stakeholders/entities that focus on specific populations
- Provide support for regional TTCs
- Collaborate with Network Coordinating Office for nationwide activities

### Regional Centers
- Develop & implement regional approach for workforce dev. activities
- Coordinate with Network Coordinating Office for nationwide activities
- Coordinate with national TTCs to support specific pops in regions
- Collaborate with SAMHSA Reg. Admins to support the region
MHTTC Network

• The MHTTC Network accelerates the adoption and implementation of mental health related evidence-based practices across the nation

• Funding for this 5-year project began on August 15, 2018.
  • Regional Centers - $750K/yr + $500K/yr for School Mental Health Supplement
  • National Focus Area Centers - $500K/yr + $500K/yr for School Mental Health Supplement
  • Network Coordinating Office - $600K/yr + $300K/yr for School Mental Health Supplement

• www.mhttcnetwork.org
Request TA

Access TA
How We Provide Training and TA

• Rather than a TA request model, the TTCs have yearly workplans developed through needs assessments, advisory boards, and input from key stakeholders including state MH directors and SAMHSA Regional Administrators

• Centers consider:
  • Spread of services across the region/population
  • Intensity of services: universal, targeted, and intensive
  • Flexibility to respond to emerging needs

• Implementation science informs training and TA strategies
  • Consider the context - what is really needed to move an evidence-based practice forward?
    • Organizational development, systems work, policy, training, technical assistance
  • Use implementation strategies specific to the need
  • Maximize impact on service delivery systems
MHTTC Network’s Areas of Focus

- Centers have multiple areas of expertise; the area of focus is a specific topic for which Centers serve as consultants to the Network, develop national products, host topic area on website.

<table>
<thead>
<tr>
<th>MHTTC Center</th>
<th>Area of Focus</th>
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<tbody>
<tr>
<td>National American Indian &amp; Alaska Native MHTTC</td>
<td>Culturally informed, EBPs in treatment and assessment of mental health disorders in Native populations</td>
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<tr>
<td>National Hispanic &amp; Latino MHTTC</td>
<td>Mental health promotion, prevention, intervention, and recovery support services for Hispanic and Latino populations</td>
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<tr>
<td>New England MHTTC</td>
<td>Recovery-oriented practices, including recovery support services</td>
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<tr>
<td>Northeast &amp; Caribbean MHTTC</td>
<td>EBPs for serious mental illness (SMI): supported employment, illness management &amp; recovery, supported housing, and supported education</td>
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<tr>
<td>Central East MHTTC</td>
<td>Suicide prevention in the context of race, ethnicity, age and sexual orientation</td>
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<tr>
<td>Southeast MHTTC</td>
<td>Population-based approaches to managing SMI</td>
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<tr>
<td>Great Lakes MHTTC</td>
<td>Process improvement for mental health care delivery systems</td>
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<tr>
<td>South Southwest MHTTC</td>
<td>Early childhood mental health</td>
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<tr>
<td>Mid-America MHTTC</td>
<td>Integration of primary and mental health care</td>
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<td>Mountain Plains MHTTC</td>
<td>Rural mental health</td>
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<tr>
<td>Pacific Southwest MHTTC</td>
<td>Youth and young adults of transitional age with or at risk for SMI</td>
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<tr>
<td>Northwest MHTTC</td>
<td>EBPs for psychosis including CBT for psychosis and assertive community treatment (ACT)</td>
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MHTTC Events & Products
Website has searchable calendar and products database

Suicide Risk Assessment Training
9:30am - May 31, 2019 | Timezone: US/Eastern
Hosted By: Southeast MHTTC

Crisis Intervention Team Leadership Course
1:00pm - March 17, 2019
Hosted By: Mid-America MHTTC

Mental Health is Public Health
8:00am - May 7, 2019
Hosted By: Central East MHTTC

The Incredible Years® Basics and Education Training Programs
8:00am - April 22, 2019
Hosted By: South Southwest MHTTC

School and Work Coaching for Youth at Clinical High Risk for Psychosis
MHTTC Online Courses

Under Mental Health Services

- Courses in Development
  - ABCs of cultural & linguistic competence
  - School MH referral pathways
  - Orientation to MH for skilled nursing home direct care staff
  - Primary care providers working with people with mental illness
  - CBT for psychosis
  - Management of diabetes for psychiatrists
School Mental Health Initiative

• Two-year supplement
• Topics include: assessment, intervention, triage; trauma informed care, cultural competence, mental health awareness, financing, etc.
• National School Mental Health Curriculum
  • 8 modules following national school mental health quality indicators
  • Trainer & participant manuals, slide decks, 5 virtual sessions
  • Available on the website

Northwest Positive Behavioral Interventions and Supports (PBIS) Conference
9:00am - February 27, 2019 | Timezone: US/Pacific
Hosted By: Northwest MHTTC

Illinois School Counselor Association Annual Conference-Rosemont
07:00am - April 4, 2019
Hosted By: Great Lakes MHTTC

Suicide Prevention Forum for Families and School Students
6:30pm - April 2, 2019
Hosted By: Central East MHTTC
Severna Park High School

Pacific Southwest (HHS Region 9)
MHTTC
Creating Trauma-Informed Policies: A Practice Guide for School and Mental Health Leadership
By Leora Wolf-Prusan, EdD

National School Mental Health Curriculum: Guidance and Best Practices for States, Districts, and Schools
Trainer Manual
How to Reach Us

• @MHTTCNetwork
• MHTTC Pathways
  • Monthly eNewsletter

www.mhttcnetwork.org