IIMHL Leadership Exchange

“An international exchange opportunity that is themed around the most relevant and sometimes challenging areas of development. These exchange visits not only expose colleagues to new and stimulating learning opportunities but also help create networks that can work collectively to achieve change long after visits are over.”

Isabella Goldie, United Kingdom

Attendance at the Leadership Matches and Combined Meeting is FREE for mental health leaders from the eight member countries: Australia, Canada, England, Republic of Ireland, New Zealand, Scotland, Sweden and USA.

Leadership Exchange Programme

<table>
<thead>
<tr>
<th>Monday and Tuesday</th>
<th>Wednesday</th>
<th>Thursday and Friday</th>
</tr>
</thead>
</table>
| **LEADERSHIP MATCHES**
  Variety of locations in host region
  An opportunity to share knowledge and jointly problem solve on a specific topic of interest for either mental health leaders or disability leaders. | Travel | **COMBINED MEETING**
  Host country
  An opportunity for people involved in shaping the future responses for the mental health, alcohol and drug and disability fields to gather and learn about leading for the future, wellness, innovation, system transformation, and change management. |

Participants include leaders with self-experience, clinicians, NGOs, organizational leaders, policy writers and governmental leads, researchers, indigenous and youth leaders and those supporting families.

WHERE AND WHEN

The Leadership Exchange is held approximately every sixteen months, each time hosted in a different region: Australasia, North America or Europe.
“In IIMHL you meet the people who have successfully led change, made a difference and who are willing to share their experience and wisdom. It is this generosity that places IIMHL to the fore amongst mental health leaders… Perhaps the greatest benefit is the opportunity to engage with inspiring, passionate leaders, to enjoy their friendship, good humour and wisdom.”

Martin Rogan, Republic of Ireland

EXCELLENT VALUE

IIMHL’s Leadership Exchanges provide a time-efficient and pragmatic platform for knowledge exchange and shared learning that can continue between exchanges. The lack of an attendance fee makes them low cost relative to other international conferences and therefore excellent value for money.

“There is no substitute for face-to-face contact with outstanding mental health leaders. I was inspired to take the opportunity to engage with the impressive leadership skills at the IIMHL Leadership Exchange. This exchange has been immensely beneficial for me. I have made great connections and will be partnering with like-minded groups from the international community that I didn’t even know existed. I see great work ahead and this Combined Meeting helped to shape our vision in an even clearer way."

Attendee Evaluation Response

EXCELLENT VALUE

The Leadership Exchange is the best leadership learning community I’ve experienced over the past decade. Matches are themed around a wide array of topics that span every aspect of mental health, from promoting wellbeing and preventing ill health through to effective interventions and promising practices. They generate stimulating discussions around common challenges and provide the opportunity to draw on extensive international knowledge and experience.”

Bob Glover, USA

Leadership matches are designed collaboratively between hosts and visitors. The time together can be used most efficiently when participants share relevant information before the matches take place.

HIGH IMPACT

Not only do leaders come together at the Leadership Exchange, share experience, reflect, survey a wider landscape and scope out new possibilities in a safe and candid environment, many make plans to act on what they have learned after returning home.

After the Leadership Exchange, leaders with a shared interest who have attended a match together can build an international partnership that continues the shared learning in between exchanges. This can involve joint service developments and research, staff exchanges, collaborative service evaluation, peer consultation and managerial, operational and clinical knowledge sharing.

“This exchange has been immensely beneficial for me. I have made great connections and will be partnering with like-minded groups from the international community that I didn’t even know existed. I see great work ahead and this Combined Meeting helped to shape our vision in an even clearer way.”

Attendee Evaluation Response

When participants return home, the learning can be shared between attendees from the different matches and with others who did not attend, and so the benefits can cascade out into the wider mental health and disability sectors and beyond.

ABOUT THE INTERNATIONAL INITIATIVE FOR MENTAL HEALTH LEADERSHIP (IIMHL)

IIMHL and the International Initiative for Disability Leadership (IIDL) are collaborations to internationally share promising practices and research to support the best outcomes for people living with disabilities, mental health problems or illnesses and their families. The aim is to decrease the delay between identifying new and effective practices and implementing them on a wider scale.

“IIMHL is a leading edge development in healthcare improvement, providing a mechanism for forging international partnerships that enables rapid adoption of effective innovations.”

Janice Wilson, New Zealand

JOIN IIMHL/IIDL

Any leader in mental health, addiction and disability services can join IIMHL or IIDL free at http://www1.iimhl.com/Join.asp