SAMHSA’s National Center for Trauma-informed Care and Alternatives to Restraint and Seclusion (NCTIC)

**Trauma and the Opioid Crisis: Diverse Perspectives on an Epidemic**

*Virtual Conference August 23, 2018, 10:00 a.m.–5:00 p.m. ET*

The Substance Abuse and Mental Health Services Administration’s (SAMHSA) National Center for Trauma-Informed Care and Alternatives to Restraint and Seclusion (NCTIC) and GAINS Center are pleased to host a virtual conference, *Trauma and the Opioid Crisis: Diverse Perspectives on an Epidemic*. This five-part series will present differing perspectives on the impact of the opioid epidemic on families and communities. Participants will hear about personal struggles and challenges characterized by uplifting solutions for healing, recovery, and empathy.

**Presenters**

**A Mother’s Grief on the Loss of Her Son and How Healing Begins**

Ana Alcebo Philips, M.S.W.

amaphillips@comcast.net

Ana Maria Alcebo Phillips immigrated from Cuba in 1961, as part of the Pedro Pan Program. She spent time in a refugee camp in Florida and in an orphanage in Massachusetts before finally being reunited with her parents in 1963. Ana grew up in Massachusetts and Connecticut and moved to Maryland in 1994, with her husband and two sons. Ms. Phillips has worked in mental health for over 30 years and received her Master’s in Social Work from Fordham University in 1985. She is currently employed as a therapist in an outpatient mental health agency in Annapolis. Her Catholic faith is an integral part of who she is. She is an active member of St. Mary’s Catholic Church and helped form a new ministry two years ago, Our Lady of Guadalupe Immigration Ministry, which provides spiritual, legal, medical, and economic assistance to the Latino community.
Addressing Trauma in Specialty Court Settings

Hon. Joy Malek Oldfield
joldfield@cpcourt.summitoh.net

Judge Joy Malek Oldfield was elected to the General Division of the Summit County Common Pleas Court in November 2016. She was immediately selected to serve as the Presiding Judge of the Felony Drug Court, the Turning Point Program. Prior to service on the Common Pleas Court, Judge Oldfield served on the Akron Municipal Court from 2011 – 2016. During her time there, Judge Oldfield’s colleagues elected her to serve as the Administrative/Presiding Judge from 2014-2016; and, the Presiding Judge of the Akron Municipal Drug Court, now known as the Akron Municipal Recovery Court, from 2013-2016.

Judge Oldfield has worked tirelessly to impact and educate individuals on the beauty of recovery. As Presiding Judge of the Akron Municipal Drug Court, Judge Oldfield worked to change the name of the program to “Recovery Court,” to reduce the stigma to those participating in the program. She and her Turning Point predecessor, Judge Tom Teodosio, collaborated with the Akron Area YMCA to found the Y-STRONG program. Y-STRONG provides complimentary YMCA memberships to participants of Turning Point and Recovery Court who have maintained six months of sobriety and are exhibiting positive lifestyle changes. The program was designed to help individuals improve their health, reduce stress, increase their self-confidence and sense of accomplishment – all to assist in better quality, long-term sobriety. Through her work in the Turning Point Program, Judge Oldfield founded Faith in Recovery – a program designed to provide interested participants a spiritual connection along their recovery journey. Judge Oldfield also worked with her Turning Point Co-Presiding Judge and probation staff to provide participants in the Turning Point Program with Summit County’s first specialized docket therapy dog, “Tank.” Tank is now available to help participants relax, reduce their level of stress and help them feel more comfortable in the Court setting. Through these initiatives and more, Judge Oldfield continues to try and meet all needs – physical, mental, social, emotional, spiritual – for those suffering from the disease of addiction.

Judge Oldfield’s work in the recovery community has been recognized. For the last three years, she served as the honorary chair for Community Health Center’s “Break the Cycle of Addiction” luncheon; and, in 2018 served as the honorary starter for the Hope United first 5K Race – Run for Recovery. The Substance Abuse and Mental Health Services Administration (SAMHSA) and the Bureau of Justice Assistance (BJA) invited Judge Oldfield to participate in a national expert panel to develop guidance to the field for implementing Medication-Assisted Treatment (MAT) for individuals with addiction in the criminal justice system. In 2017, Freedom House for Women (a local women’s recovery home) honored Judge Oldfield with the Courage to Change award for her tireless efforts in the recovery community. And, in 2018 the County of Summit Intercession on Dependency and East Market Street Church of God honored Judge Oldfield with the Road to Recovery award, for paving a road to recovery within the community.

An original member of the Summit County Opiate Task Force, and one of only a handful of local judges who is Crisis Intervention Team (CIT) certified, Judge Oldfield continues to educate community groups on the topic of recovery in the criminal justice system.
Addressing Trauma in Specialty Court Settings (cont.)

Hon. Stephen Goss
judgestevegoss@bellsouth.net

Stephen S. Goss is a State of Georgia Superior Court judge in Albany, Georgia. He has served as a state trial judge for 23 years, first as a juvenile court judge and for the last 19 years as a state circuit judge. He is a native southwest Georgian and graduated from the University of Georgia and the University of Georgia School of Law. He was a trial lawyer prior to going on the bench and is a former president of the Dougherty Bar Association. Judge Goss is a former president of the Council of Superior Court Judges of Georgia. He has served as the Second District administrative judge for the 27 counties of southwest Georgia. He is a graduate of the national Henry Toll Fellows leadership program of the Council of State Governments (CSG). In 2002, Judge Goss founded the Dougherty Superior Court Mental Health/Substance Abuse treatment program for felony offenders dealing with co-occurring disorders. This program has served since 2006 as one of four national Learning Sites for mental health court programs as designated by the Council of State Governments and the United States Bureau of Justice Assistance. He has served on the teaching faculty of the National Judicial College since 2003 and serves on the teaching faculty for the National Drug Court Institute. He is a senior consultant to the United States Substance Abuse Mental Health Services Administration GAINS Center for persons with co-occurring disorders. He has presented to conferences in numerous states and has published papers and articles on the subjects of persons in the criminal justice system with substance abuse and mental health issues, mental health courts, competency and death penalty litigation. In 2017-2018 he served as the Chairman of the executive committee of the Council of Accountability Court Judges of Georgia and previously chaired their continuing education and training committee.

What Made a Difference in Recovery? My Story of Struggle and Overcoming

Rosie Hill
rotobot1066@gmail.com

I was born with a feeling of emptiness. Nothing that I experienced filled this void and I couldn’t find a way to connect myself to the world. I tried to find excitement and danger to make me feel alive, but nothing brought any relief. Even as a child, I was constantly seeking stimulation, including trauma, in order to feel alive. By the time I was 20, I had been raped multiple times, physically and emotionally abused, arrested for 2 DUI’s, and had experimented with multiple drugs. Then I found heroin. Finally, I could breathe. If I could articulate the amount of relief heroin gave me, no one would question why my life became a chase for that feeling. For a while, heroin allowed me to tolerate living. And then, just as quickly as it had given me relief, it began to kill me. I escalated from occasional use, to physical and emotional dependence, within weeks. I used heroin and crack for 8 years. I overdosed too many times to count. I became a criminal. I dropped out of school. I was in and out of jail, hospitals, and rehabs. I destroyed my relationships with my family and friends. I went into hiding to avoid being kidnapped and murdered by angry drug dealers. Because I came from what
society would call a “good family” and because I was “pretty,” I got away with committing extortion, burglaries, and robberies. I destroyed every vein in my body. Looking at me, no one believed that I had a $500 a day habit that I financed by committing crimes. I went to some of the nicest rehabs in the country but got sober in a Baltimore inner city rehab that saved my life. I attribute my sobriety to a spiritual intervention I cannot explain. I woke up one morning, and the obsession and compulsion to use drugs, was removed. I have been sober for three years and I’m currently a full-time college student. I am planning on going to law school and becoming a criminal defense attorney to help addicts. I still feel the void, but now I recognize that it is a spiritual void and one that cannot be filled by a human power.

**Trauma-informed Law Enforcement Responses**

*Sergeant Jo Anne Wallace*

*Supervisor - Homeless Outreach Team*

homelessoutreachteam@baltimorepolice.org

I joined the Baltimore City Police Department in July 1997. After three years I transitioned over to the Police Academy. I started my career in the Northern District Patrol and after seven years I transitioned to different units within the department including PAL, Youth Services Officer, Child Abuse Detective, Internal Affairs Detective. I was promoted to the rank of Sergeant in January 2015 and worked in the Southwest District as a Patrol Supervisor. I have spent most of my career helping people and youth in the city of Baltimore. I became the supervisor of the Homeless Outreach Team in October 2016. These past years have been the most rewarding assignment in my career. I have been able to reach out to the homeless community in ways that I never thought possible. After 20 years with the Baltimore City Police Department I have been able to gain a lot of training and knowledge and working with the homeless. I am now able to give the BPD to the homeless in a revolutionary way with a wonderful team. We are breaking barriers with the homeless and I love it!! I am the mother of one son who is my pride and joy.

*Detective Verlillian Githara*

*Officer – Homeless Outreach Team*

homelessoutreachteam@baltimorepolice.org

I joined the Baltimore City Police Department in 2005 as an officer in the Western District. While in patrol, I had what I consider the highest honor – the citizens asked if I could be their block cop. I stayed two years until I was relocated to the drug unit. I spent much of my time in the drug unit and then admin for the unit when I became pregnant. When I deployed in 2013, I was asked to join the Deployment Team, which did the staffing for the police department. I learned many things in my time there. My most fun job was fleet management where I handled the vehicles for patrol. I was offered a posting to the Homeless Outreach Team. I immediately jumped for the opportunity to engage with the homeless population on a more consistent basis. I have been in this unit since 2016 and I haven’t looked back.
The Impact of the Opioid Epidemic on Hospital Services: How Inpatient Medical/Surgical Services are Affected and Responding

Frank Beel, M.S.N.
Frank.beel@osumc.edu

Frank Beel is the Director of Nursing at The Ohio State University Wexner Medical Center (OSUWMC) Harding Hospital. Mr. Beel began his career in 1998 as a psychiatric nurse at Twin Valley Behavioral Healthcare shortly after receiving his Associates of Science in Nursing from Sinclair Community College. Frank went on to complete his Bachelor of Science in Nursing in 2006, receiving this degree, as well as his dual master’s degrees in Nursing and Health Administration in 2014, from the University of Phoenix. Frank has focused his career on transforming systems by incorporating trauma informed approaches into all levels of an organization thus improving the quality, safety and efficiency of care for those suffering from addictions and serious mental illnesses.

Kristina Layton, M.S., R.N.
Kristina.Layton@osumc.edu

Kristina Layton is a Nurse Manager in the Medical-Surgical Department at the Ohio State University Wexner Medical Center (OSUWMC). Kristina obtained both her BSN and MS from The Ohio State University. She has over 15 years’ experience, 10 of which have been in management at OSUWMC. Kristina co-chairs the Trauma Informed Steering Committee.

Jacklyn Keene, B.S.N., R.N.-B.C.
Jacklyn.Keene@osumc.edu

Jacklyn Keene is an Assistant Nurse Manager within the Medical-Surgical Department at The Ohio State University Wexner Medical Center. She has been with OSUWMC for 7 years. Jacklyn graduated with her BSN with Honors Research Distinction from The Ohio State University. Jacklyn has been an RN for 5 years and is a board certified Medical-Surgical nurse through the American Nurses Credentialing Center. She is currently enrolled in the Master of Healthcare Innovation Program at The Ohio State University.

Jacklyn was first introduced to the impact of ACEs during her undergraduate research and has great passion to bring this awareness to inpatient healthcare providers. She is a Co-Chair of the Trauma Informed Care Steering Committee at OSUWMC.
Jill List, B.S.N., R.N.
Jill.Truex@osumc.edu

Jill List is a Nurse Manager within the Medical - Surgical Department at The Ohio State University Wexner Medical Center. She has been a nurse within the organization for 6 years. Jill Graduated with her BSN from Capital University. She is currently enrolled in the Master of Healthcare Innovation Program at The Ohio State University.

Tova Myers, B.S.N., R.N.
Tova.Wiesenthal@osumc.edu

Tova Myers is a Nurse Manager in the Medical- Surgical department at The Ohio State University Wexner Medical Center. She has been a nurse within the organization for 8 years and in nursing leadership for 5 of those years. She graduated with her BSN from Chamberlain College of Nursing and is currently enrolled in the Master of Healthcare Innovation Program at The Ohio State University Wexner Medical Center.

Moderators

Raul Almazar, R.N. M.A.
Raul.Almazar@nasmhpdo.org

Raul Almazar has many years of experience as direct care provider, administrator, organizational and clinical consultant, trainer, and speaker. Prior to working as full-time consultant in 2009, he served as Deputy Director for the State of Illinois Division of Mental Health where he was charged to facilitate an organizational culture shift in all 10 State-operated facilities towards person-centered, trauma-informed, recovery-promoting, non-coercive treatment settings.

He serves as faculty to the National Center for Trauma-Informed Care and Senior Consultant to SAMHSA’s Promoting Alternatives to Seclusion and Restraints through Trauma Informed Practices. He provides consultation, training and technical assistance to organizations in the areas of leadership, workforce development, consumer empowerment, organizational planning and changing organizational cultures to effect systems transformation towards development of non-coercive, trauma-informed treatments. He has expertise in working with youth and adult serving, institutional and community based, publicly and privately –funded programs across service systems.
Lisa Callahan, Ph.D.
lcallahan@prainc.com

Dr. Lisa Callahan is a Senior Research Associate at Policy Research Associates, Inc. where she is involved in research, technical assistance, and training. She received her PhD from The Ohio State University in 1983 and completed an NIMH Post-Doctoral program at the University of Wisconsin-Madison’s Medical School. She is Principal Investigator for an NIJ-funded study on the connection between juvenile justice, child welfare, and adult outcomes. Dr. Callahan was Project Director on two recently completed NIJ studies—an evaluation of two specialty juvenile dockets including a co-occurring court and a mental health court, and a study on how youth drunk drivers are processed in US courts. She was Project Director on the MacArthur Mental Health Court Studies which was a multi-site, prospective evaluation of four adult mental health courts. Further, Dr. Callahan is involved in research on justice-involved Veterans including managing the National Evaluation of the Veteran Justice Programs for the Veterans Administration and an evaluation of the Veterans Treatment Review Calendar Pilot Program in San Diego. Dr. Callahan has extensively published on topics such as juvenile mental health courts, adult mental health courts, and other related topics. She is the task lead for SAMHSA’s GAINS Center’s technical assistance for 17 Behavioral Health Treatment Court Collaborative grants and had the same responsibility for the first cohort of 11 grants that just concluded. In addition, she was part of the PRA team that conducted a study to select and evaluate the trauma measures used in the Queens NY Treatment Courts. Dr. Callahan has considerable experience providing trauma training and workshops for justice professionals, including treatment court staff and judges. She first started working at PRA when it was founded in 1988 to 1990, directing the NIMH insanity defense study and receiving a NIMH FIRST award to evaluate conditional release in four sites. Dr. Callahan is Professor Emerita from The Sage Colleges where for 18 years she taught courses in juvenile and criminal justice, mental health, and research methods and established the MS in Forensic Mental Health Program, one of the first in the country. She returned to PRA in 2008.

Joan Gillece, Ph.D.
Joan.Gillece@nasmhpd.org

Dr. Joan Gillece has thirty-five years of experience working in the behavioral health field with twenty dedicated to trauma and eleven in prevention of seclusion and restraint. Working across agencies, Dr. Gillece promotes the use of trauma informed care in multiple settings including mental health, substance abuse, adult and juvenile justice and homeless services. Prior to joining the National Association of State Mental Health Program Directors (NASMHPD) eleven years ago, Dr. Gillece served as Director of Special Populations for Maryland’s Mental Hygiene Administration where her responsibilities included all aspects of state mental health planning and delivery of services as well as development of collaboration across agencies serving individuals with psychiatric diagnosis. As project director for SAMHSA’s National Center for Trauma-Informed Care (NCTIC), Dr. Gillece has championed the cause of full consumer integration and development of Culturally Competent programs. Utilizing survivors in all aspects of trauma work, Dr. Gillece has coordinated and provided technical assistance, conference presentations, and consultations to multiple systems across the country. Commitment to strength-based support by implementing trauma informed values with the overarching theme of healing has been her focus.