NASMHPD CENTER FOR INNOVATION IN HEALTH POLICY AND PRACTICE

NASMHPD Annual 2023 Meeting
Joan Gillece, PhD
Town Halls Series: Cultivating a Culture of Connection through Community-Designed Initiatives

Surgeon General Dr. Vivek Murthy’s Advisory has called for action to address the public health crisis and devastating impact of the epidemic of loneliness and isolation in the United States.

**Town Hall #1:** Faith Communities Respond
Deepening trauma-informed knowledge, faith leaders are providing innovative programs that restore connection to self and others.

**Town Hall #2:** Peer-Led Inclusive Approaches Designed to Support, Unify, and Prevent Isolation
Understanding the impact of isolation and loneliness on emotional well-being and health, survivors of trauma, labels of mental illness and substance use challenges have long-established healing communities designed to advance healing through connection and shared experience.

**Town Hall #3:** Combatting Loneliness and Isolation in Diverse Communities
Creating relevant connections requires engagement of community members in development and implementation of culturally relevant initiatives.

Listen to Town Hall Series
Transformation Transfer Initiative (TTI):

Kids Workbooks
Pre-K, K-2, 3-5

Peer Engagement Guide

Faith Based

Baltimore Training / W2 Evaluation
Pre-K Workbook

My Friend & Me

I’m Bing the bunny. Let’s get to know each other.

hello!
My body feels **Sad**.

Unhappy Thoughts

Tears

Frown

Tired

Slow Moving

Cool Body

I have so many **Feelings**.

What color is your feeling?

**mad**

**worried**

**scared**

**happy**

**sad**

My body feels **Happy**.

I Can Listen

Happy Thoughts

Smile

Calm Body

Cool Body
When I feel Lonely or Sad
I need …

Draw or color something that makes me happy
To think of my favorite place
Someone to talk to
To play a game with a friend
A hug from someone I love

When I am Sad I can …

Play A Game
Take A Walk
Think Of My Favorite Place
Do A Silly Dance
• Training team for Office of Readiness and Response
Ohio Courts

• Supreme court judges college required that all court personnel be trained on trauma.

• Developing ten hour trauma curriculum for all personnel involved in court system including judges, bailiffs, and clerical staff.
Smoking Cessation Leadership Center (SCLC)

- Developed smoking cessation module in Trauma Addictions Mental Health and recovery (TAMAR)
- Trained SCLC staff and grantees on implementing TAMAR
- Participation in webinar on smoking cessation in correctional settings and community reentry.
DC Department of Corrections

- Weekly training at training academy
- Training with staff and residents on units
- TAMAR training and support
- Consultation with medical/mental health staff
- Workbooks for distribution at intake
SAMSHA State Technical Assistance (TA)Project

• Provides states and territories with TA to aid in the implementation of the Community Mental Health Services Block Grant and Substance Abuse Prevention and Treatment Block Grant programs

• Trauma-focused training and TA projects include:
  • Arizona
  • California
  • Delaware
  • District of Columbia
  • Pennsylvania
  • Texas
  • Wisconsin
DC Department of Behavioral Health

• St. Elizabeth’s Hospital
• Comprehensive Psychiatric Emergency Program (CPEP)
• Community Response Team (CRT)
• Community Bridges Stabilization Center
Trauma Informed Care (TIC) Resources

• Trauma Informed Care Resources can be found on the NASMHPD Website:

• Videos and Webinars:
  • https://www.nasmhpd.org/content/tic-videos-and-webinars

• Curriculums, Modules, and Crisis Services Resources:
  • https://nasmhpd.org/content/nasmhpds-center-innovation-health-policy-and-practice