Understanding the Essential Elements of an Effective Statewide Bed Registry

The FY 2019 Transformation Transfer Initiative (TTI)
States of Delaware and Georgia



Disclaimer

 This webinar was developed [in part] under contract number HHSS283201200021I/HHS28342003T from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.



Introduction and Webinar Goals

In this webinar, the FY2019 TTI states of Georgia and Delaware will illustrate the key components of a successful Crisis Services/Psychiatric bed registry and its role in improving crisis services in their states.

They will use their experiences to educate the viewers, especially those looking to build or grow a bed registry, of the several key mechanisms which need to be present to be successful.

Speakers will demonstrate with real examples that to develop a successful registry, it is critically important to:

- establish early and ongoing communication with all internal and external organizations and partners, as well as incorporate their input and feedback throughout the process.
- choose and adapt technology to meet the needs of partners and endusers, creating training and implementation strategies, and collecting data.

Both states will share lessons learned, successes in sustainability, and offer concrete examples, on their methodologies and technological strategies, and important insights to their process.



DELAWARE TREATMENT & REFERRAL NETWORK

Lisa Johnson, Informatics Consultant (HEALTHe Insights)

Sean Miller, Lead for Implementation of DTRN, Lead for Informatics at Delaware Division of Substance Abuse and Mental Health



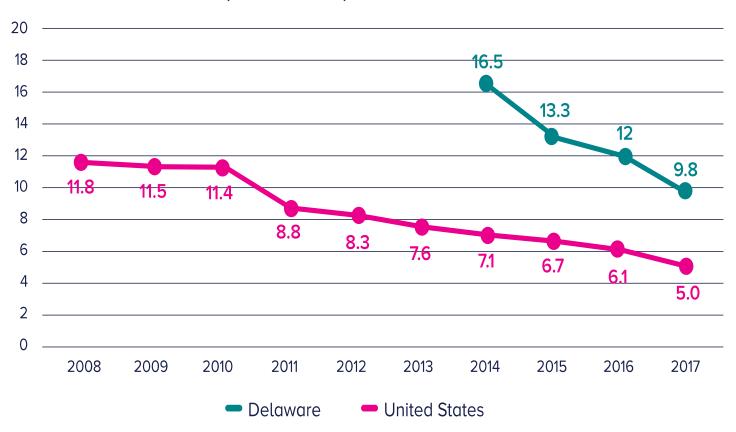
Delaware Overdose Deaths





DELAWARE RANKED FIRST IN THE NATION FOR HIGH-DOSE OPIOID PRESCRIPTIONS

ANNUAL HIGH-DOSE (≥90MME/DAY) PRESCRIBING RATES PER 100 PERSONS



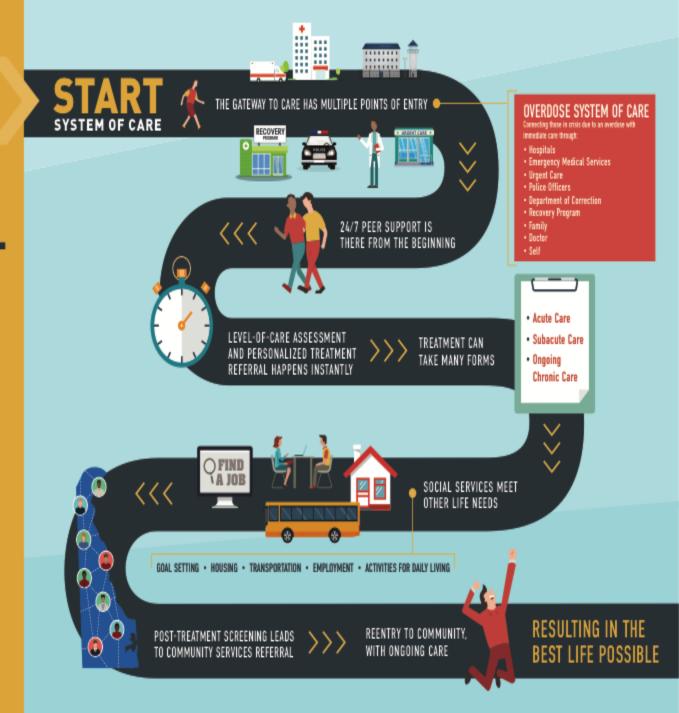


Delaware Treatment and Referral Network (DTRN)

eReferral System



THE INDIVIDUAL IS CONSIDERED ABOVE ALL—
TREATMENT IS PERSONCENTERED



REFERRAL POINTS-OF-ENTRY GATEWAY AND PEER SUPPORT



OVERDOSE SYSTEM OF CARE

Connecting those in crisis due to an overdose with immediate care.

20+ POINTS OF ENTRY THROUGHOUT THE STATE:

- Hospitals
- Emergency Medical Services
- Urgent Care
- Police Officers
- Department of Correction
- Recovery Program
- Family
- Doctor
- · Self

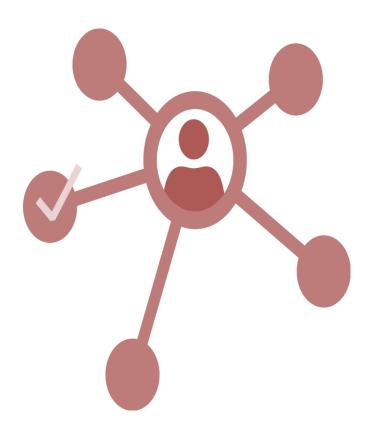








Delaware Treatment and Referral Network



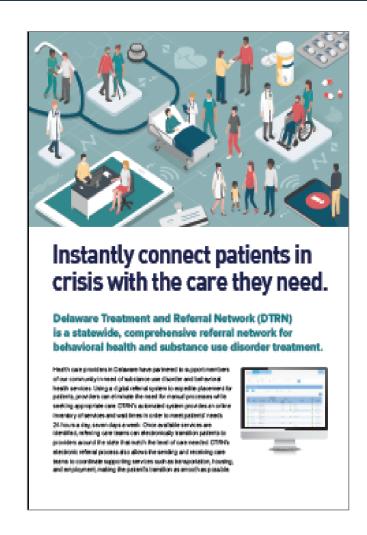
INSTANTLY CONNECTING PEOPLE IN CRISIS WITH THE CARE THEY NEED

- A transparent, efficient, and effective flow between primary and emergent care and behavioral health specialty care
- Matches a patient with services and resources
- Improves transitions of care
- Improves and enhances patient and care provider experience
- Gives patients a better chance to live the best life possible



DTRN at a Glance

- There are over 1200 users from 50 organizations within the state.
 - Behavioral Health providers and all Delaware based Health System EDs are participating
 - 3 out of state organizations
 - Primary Care and OB/Gyn are in the queue to be onboarded
 - Pediatric providers will be participating in Fall
- Since Go live September 2018, there were over 52k referrals and current averaging weekly referrals is 600.
- Most referrals (66%) were responded to within 30 minutes.
- Referral Declines are mostly due to patient acuity





Service Types

- Inpatient Withdrawal Management
- Medication Assistant treatment
 - Non OTP and OTP
- Psychiatric Inpatient
- Intensive Outpatient and Outpatien
- Partial Hospitalization
- Peer Support
- Housing: Group Home, Recover Housing, Sober Living
- Will be adding additional SDOH referrals (transportation)



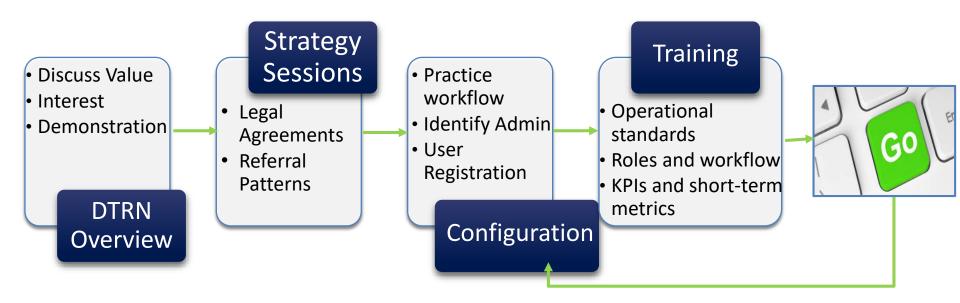


Building Foundation for Success



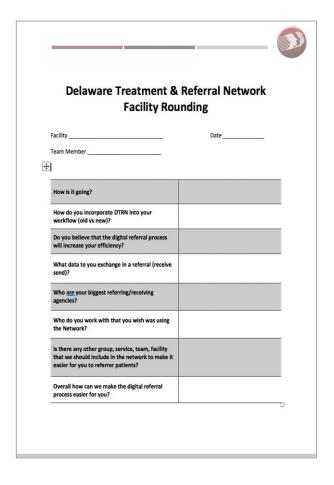
Onboarding Process

Program is supported by a Program Manager, analyst, outreach coordinator, and an intern





Post Go Live Facility Rounding to Drive Adoption



- Develop a pipeline of onsite facility visits
- Visit facilities that are live
 - Revisit DTRN value proposition
 - Get feedback on use of the tool
 - Discuss current utilization
 - Determine opportunities for improvement/learn about best practices from the facilities
- Identify agreed upon next steps
 - Utilization goals
 - Timeframe for follow-up
- DTRN team will develop Action plan with metrics
 SAMHSA
 Substance Abuse and Mental Health

Services Administration

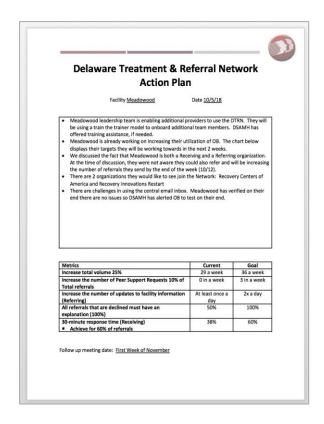
Key Performance Indicators

- Increase total volume 25% both referring and receiving
- 30 minute response time (Receiving)
 - Achieve for 60% of referrals
- Increase the number of Updating facility information (Referring)
 - At least 2x a day
 - Every shift change (stretch goal)All referrals that are declined must have an explanation (100%)
- Close the loop on 70% of referrals





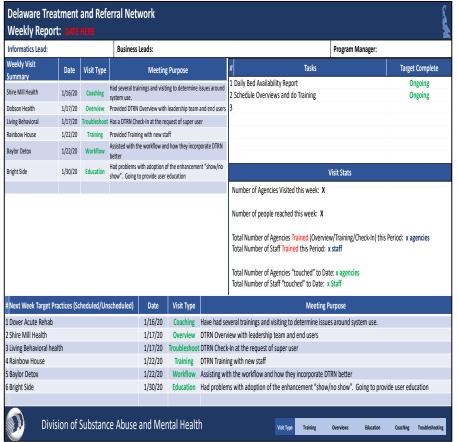
Facility Action Plan



- Review of Action Plan
- Share the most recent metrics
- Develop regular cadence of meetings
- Current utilization review
- Discuss other opportunities to connect



Analytics and Reporting



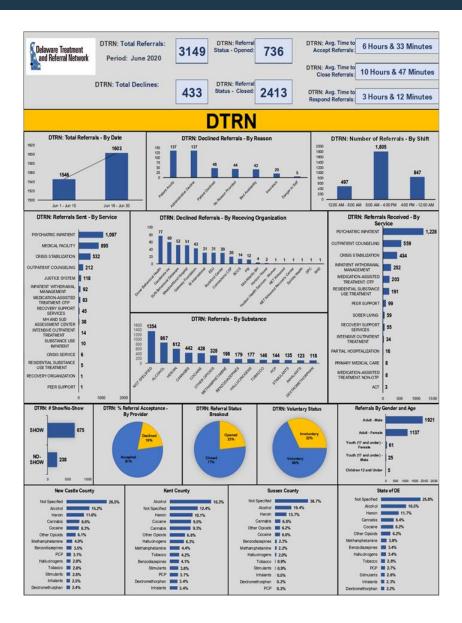
- Weekly report detailing progress and goals for the week for the internal DTRN engagement team
- Used to keep engagement team on-track
- Provides a quick glance on the status of engagement with community providers as it relates to training on and deployment of DTRN



 Monthly Executive reporting provided to DSAMH leadership displaying aggregated DTRN data on performance metrics and status of deployment and training



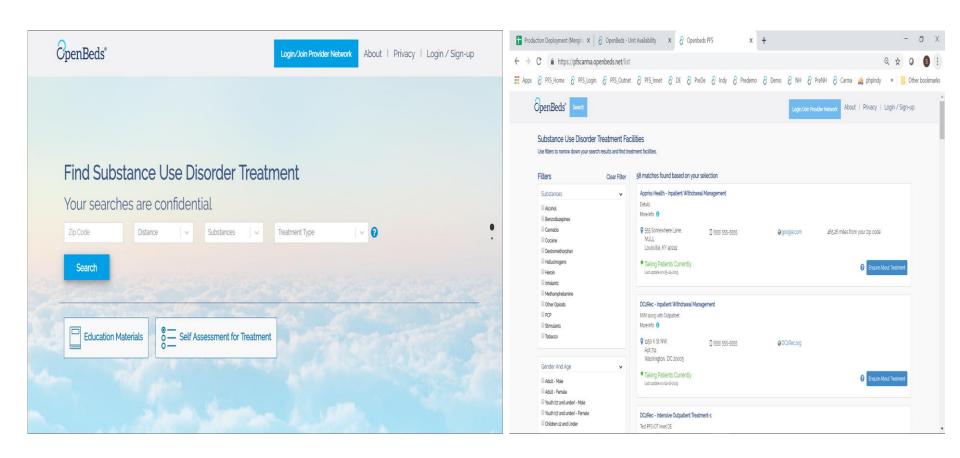
Analytics and Reporting



- Monthly report that goes out to all community providers as well as DSAMH leadership
- Includes aggregated data on the performance on DTRN Metrics as well as flow through the systems (referrals in and out)
- There is also an organizational report that is sent to each provider



Patient Facing Portal



 View of the public portal that will allow the public to search for and enquire about availability of services directly in one location



Georgia TTI Bed Registry Update: Leveraging Technology to Foster an Accountable and Responsive Crisis System

Debbie Atkins, LPC Director, Office of Crisis Coordination

Jill Mays, LPC Director, Office of Prevention & Federal Grants

Georgia Department of Behavioral Health and Developmental

Disabilities



"Sometimes you need a little crisis [SYSTEM] to get your adrenaline flowing and help you realize your potential."

Jeannette Walls, <u>The Glass Castle</u>

Crisis: 危机



Guiding Principles: Transparency





Building the Foundation for a Crisis Continuum



Items to consider prior to installing a bed registry system

Before the Hardware



Know Who Your Partners Are

Partners

- Beacon Health Options, Inc.
 Community Behavioral Health information system for clinical review, utilization management, service authorization, claims payment, and provider quality reviews
- Behavioral Health Link, LLC
 GCAL, Blended Mobile Crisis
 Team (MCT) dispatch and
 response for four regions, text to
 chat, crisis bed management
 system. Part of the ASO.
- Benchmark Human Services
 Mobile Crisis Response for two regions

How we engage them

 Contracted Administrative Services Organization (ASO) frequent clinical and systems meetings

 Frequent meetings, design, outcomes, clinical pathways etc., and quarterly MCT meetings

Quarterly MCT meetings



Be Intentional in your Engagement

Partners

- Georgia Hospital Association
 Trade organization for all hospital systems in the state
- Georgia Sheriffs' Association
 Official leadership representing all sheriff
 departments across the state
- Community Service Boards
 Georgia safety net providers for behavioral health and crisis services

Individuals with Lived Experience:
 Peer Network

How we engage them

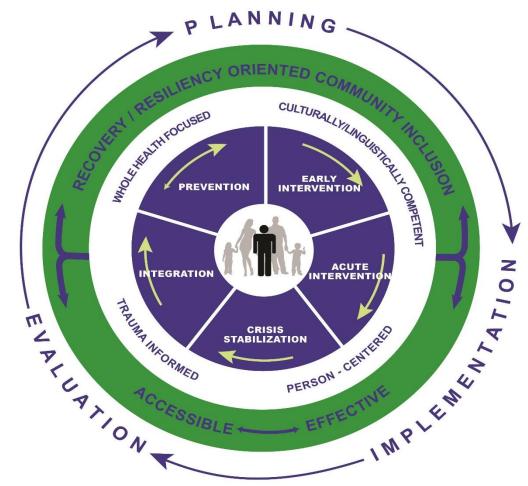
- Present at their quarterly meetings and their annual learning collaborative. Solicit input via meetings and surveys. They are invited locally to regional community collaboratives.
- Present at their bi-annual training events, meetings with leadership team and single point of contact for issues that need resolving, they are invited locally to regional community collaboratives
- A delegation from DBHDD state office and medical directors from our state hospitals conducted planning sessions with their association representatives for one year to gain input into needed changes to the current board. We also have quarterly crisis meetings and bi-monthly regional community collaboration meetings that they attend.
- Every building and program must have lived experience guiding the flow and the policy.



Make Sure you have a Full Continuum

What prevention services are available prior to needing a bed?

- ☐ 24/7/365 Call Center (HUB)
- ☐ Open Access to Outpatient Services
- Mobile Crisis Teams
- ☐ Assertive Community
 Treatment
- ☐ Case Management Services
- Supported Housing
- ☐ Intensive Outpatient
- Detox
- Medication Assisted Treatment (MAT)
- ☐ Transitional Housing





Know What Problems You are Trying to Solve

What issues does your system have?

- ☐ Emergency Room Boarding
- ☐ Law Enforcement Transportation
- ☐ Boarding in Jails
- ☐ Access to Services
- ☐ Inefficient Commitment
 Laws
- ☐ Transparency issues between community and providers
- ☐ Overuse of 911
- ☐ Using Law Enforcement alone for mental health response

- Remember technology is a tool and will not fix issues it only highlights the problem
- Make decisions based on data; if you don't have it, figure out how to begin creating it
- You may think you know what issues you have, but with transparency other issues will be discovered



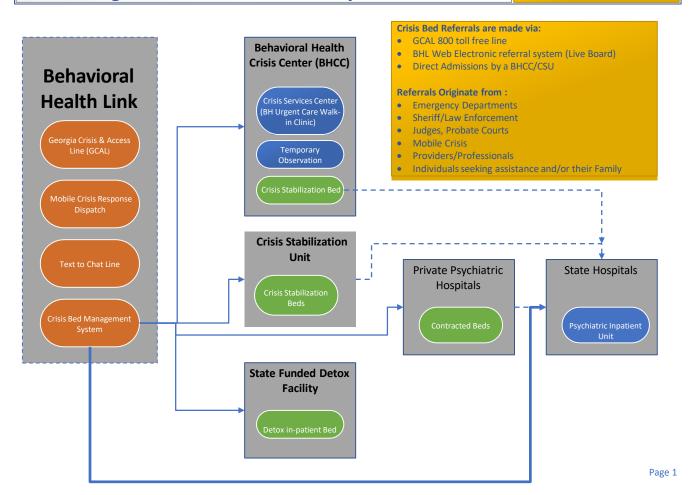
Overview of the Georgia System



Introduction to the Georgia Crisis and Access Line (GCAL)

Georgia Crisis Continuum





GCAL Functions

Statewide telephonic crisis de-escalation, assessment, and referral free for anyone in Georgia

Single point of dispatch for DBHDD-funded Blended Mobile Crisis Teams statewide

Single point of entry for state-funded contract beds at private hospitals

Preferred point of entry (PPOE) for state hospitals and crisis stabilization units

SAMHSA Treatment Locator Calls from Georgians (1,500+calls a month started in 2018)

National Suicide Prevention Lifeline Calls, answers 100% of calls from Georgians



Georgia Crisis & Access Line Functions(GCAL)



Georgia Crisis and Access Line (GCAL)

Statewide Central Call Center

- A toll-free, confidential hotline available
 24 hours a day, 7 days a week from anywhere in Georgia providing:
 - Statewide telephonic crisis deescalation
 - Assessment and referrals
 - Urgent and emergent appointments
 - For behavioral health, substance use disorders, and intellectual and developmental disabilities, including adults and kids.
- GCAL answers all SAMHSA Treatment Locator Calls from Georgians (1,500+ calls a month)
- Answers 100% of National Suicide Prevention Lifeline Calls from Georgia Area Codes

Text and Chat

 MyGCAL app is a connection to the Georgia Crisis & Access Line. It allows young people in Georgia to choose how they want to reach out to us through either text, chat, or phone.



Georgia Crisis and Access Line (GCAL) continued

Centralized Mobile Crisis Dispatch

 Single point of dispatch for DBHDD-funded Mobile Crisis Teams Statewide

Real Time Crisis Bed Management

- Single Point of entry for state-funded beds at private hospitals
- Preferred point of entry (PPOE) for state hospitals and crisis stabilization units
- Portal for emergency departments to track and communicate electronically regarding crisis referrals
- Live Beds Inventory of all DBHDD crisis beds

Real-Time Performance Outcomes and Dashboards

- Dashboards on call center performance including text and chat
- Dashboards on Mobile Crisis Services
- Data collection allowing outcomes measurement as determined by DBHDD



Live Census and referral system

- Georgia has been developing and enhancing a statewide live census and referral system for more than a decade to complement their integrated statewide crisis response system.
- Consumers, families, and first responders can call the Georgia Crisis and Access Line (GCAL) for help in a crisis.
- GCAL staff may resolve the crisis by phone, schedule an appointment for them in local clinic, or dispatch a locally established mobile crisis team to conduct a face to face assessment and determine treatment needs.

Statewide crisis line







Shows Every Intensive Referral

- Waiting for care

 How long they've been waiting

 Where they are waiting



Status Disposition for Intensive Referrals

 Type of Facility Y	Age Gr	Program or Hospital	Ref/Dispatch Date	Minut ▲	Referral Source	Ref Location T	Primary Prese	Acuity	Locus	C	Wait Time	Consumer II
ME:	4 0 :	•	=	=	4 0 :	PO:	4D:	• 🗓 c	40 :	# 🗆 E	· 🗈 :	10:
 CSU		Region 6 MH Pending Referral (GC	2/2/2018 2:27 PM	204	Midtown Me	Hospital ED	MH	Urgent	Level V	6	03:24:27	20180200
 CSU	Adult	Region 5 MH Pending Referral (GC	2/2/2018 2:21 PM	210	Memorial H	Hospital ED	MH	Emergent	Level VI	5	03:29:44	20111014
 SH	Adult	Region 6 SCB (State Contract Bed)	2/2/2018 2:18 PM	213	West Georgi	Hospital ED	MH	Urgent	Level V	6	26:34:52	20110508
 PH	C&A	C&A SCB Pending Statewide Refer	2/2/2018 2:06 PM	225	Wellstar Ke	Hospital ED	MH	Emergent	Level VI	1	12:21:47	20180202
 CSU	Adult	Region 4 MH Pending Referral (GC	2/2/2018 1:56 PM	235	Terrell	Jail / Prison	MH	Emergent	Level V	4	06:44:25	20170918
 CSU		Region 6 Medical Clearance Pendi	2/2/2018 1:53 PM	238	N/A	Community	AD	Urgent	Level V	6		20140123
 C5U	Adult	Region 2 MH Pending Referral (GC	2/2/2018 1:49 PM	242	University H	Hospital ED	MH	Emergent	Level V	2	07:45:50	2015060:
 SH	Adult	Georgia Regional Hospital at Atlant	2/2/2018 1:39 PM	252	Southern R	Hospital ED	MH	Emergent	Level V	3	74:59:23	20180130
 PH	C&A	C&A SCB Pending Statewide Refer	2/2/2018 1:39 PM	252	Northside H	Hospital ED	MH	Emergent	Level VI	1	14:21:53	20180202
 CSU	Adult	Region 6 MH Pending Referral (GC	2/2/2018 1:39 PM	252	Spalding Re	Hospital ED	MH	Emergent	Level VI	6	11:33:34	20130418
 CSU	Adult	Region 5 AD Pending Referral (GC	2/2/2018 1:12 PM	279	N/A	Community	AD	Urgent	Level V	5	29:56:31	20180203
 PH	C&A	C&A SCB Pending Statewide Refer	2/2/2018 12:46 PM	305	Piedmont F	Hospital ED	MH	Urgent	Level V	6	15:40:51	20180202
 CSU	Adult	Region 2 MH Pending Referral (GC	2/2/2018 12:36 PM	315	Gwinnett He	Hospital ED	MH	Emergent	Level VI	3	05:15:35	20090109
 C5U	Adult	Region 1 AD Pending Referral (GC	2/2/2018 12:07 PM	344	N/A	Community	AD	Urgent	Level V	1	05:43:55	20160728
 C5U		Region 1 MH Pending Referral (GC	2/2/2018 12:03 PM	348	Northside H	Hospital ED	MH	Urgent	Level VI	3	05:48:12	20180200
 CSU	Adult	Region 1 MH Pending Referral (GC	2/2/2018 11:56 AM	355	Redmond R	Hospital ED	MH	Urgent	Level VI	1	05:55:26	20171108
 BHCC	Adult	DeKalb BHCC DeKalb CSB	2/2/2018 11:50 AM	361	Southern R	Hospital ED	MH	Emergent	Level VI	3	06:01:00	2018020:
 APS Hospital	Adult	SCB Approval Request GCAL UM In	2/2/2018 11:34 AM	377	Northeast G	Hospital ED	MH	Emergent	Level VI	1	14:19:09	2015090:
 SH	C&A	C&A SCB Pending Statewide Refer	2/2/2018 11:30 AM	381	Children's	Hospital ED	MH	Emergent	Level VI	3	26:39:05	20180201
 SH	Adult	Georgia Regional Hospital at Atlant	2/2/2018 11:05 AM	406	Northside H	Hospital ED	MH	Urgent	Level V	3	16:13:23	20180202
 SH	Adult	Georgia Regional Hospital at Atlant	2/2/2018 11:01 AM	410	Newton Me	Hospital ED	MH	Emergent	Level V	3	29:24:05	20100830
 SH	Adult	East Central Regional Hospital GA	2/2/2018 11:00 AM	411	Newton Me	Hospital ED	MH	Emergent	Level V	3	26:27:57	20180131
 SH	Adult	Georgia Regional Hospital at Atlant	2/2/2018 10:50 AM	421	Atlanta Med	Hospital ED	MH	Emergent	Level V	3	15:08:06	20090403
 CSU	Adult	Region 6 AD Pending Referral (GC	2/2/2018 10:14 AM	457	N/A	Community	AD	Urgent	Level V	6	22:17:40	20180201
CSU	Adult	Region 6 MH Pending Referral (GC	2/2/2018 9:41 AM	490	Midtown Me	Hospital ED	MH	Urgent	Level VI	6	08:10:02	20180124

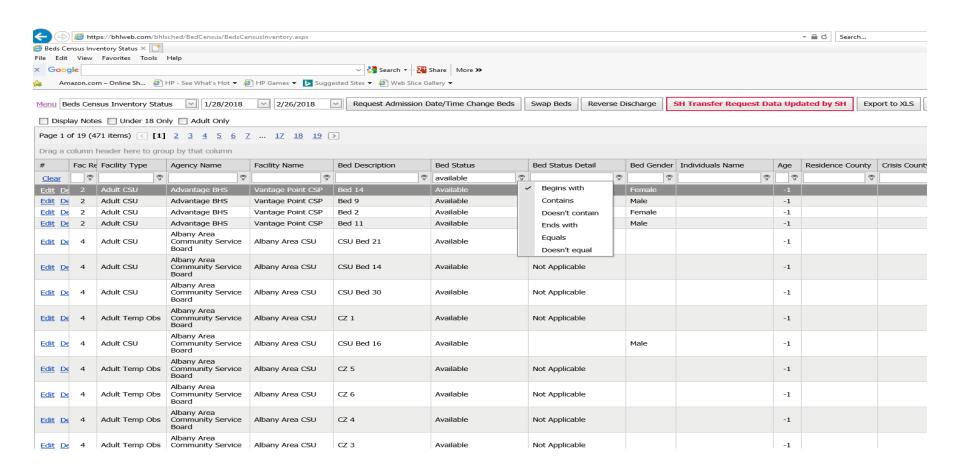
- Above is a screenshot from the Behavioral Health Link website showing cases pending for intensive referrals in the State of Georgia
- Our team can see who is waiting, how long they have been waiting, and where they are waiting

Shared Bed Inventory Tracking





Statewide Beds Inventory Status by Individual Bed



- Above is a screenshot from the Behavioral Health Link website
- Shows summary census that gives the status of every bed in the system statewide

Overview of the Georgia Enhancements

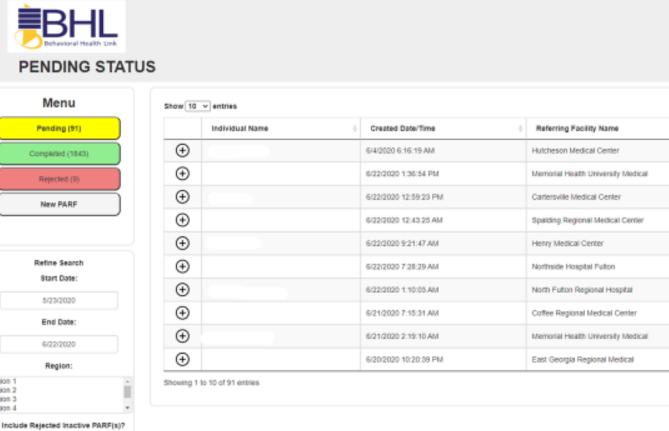


New Portal System for Local Emergency Departments

Expanding Partnerships



New Portal View for Emergency Departments





Action

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Return To Menu

- Above is a screenshot of the portal view for emergency departments on the Behavioral Health Link website
- This view allows users to see and track all of their submissions



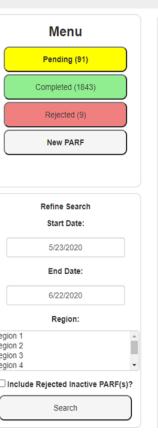


HOSPITAL PORTAL

Substance Abuse and Mental Health Services Administration

PENDING STATUS

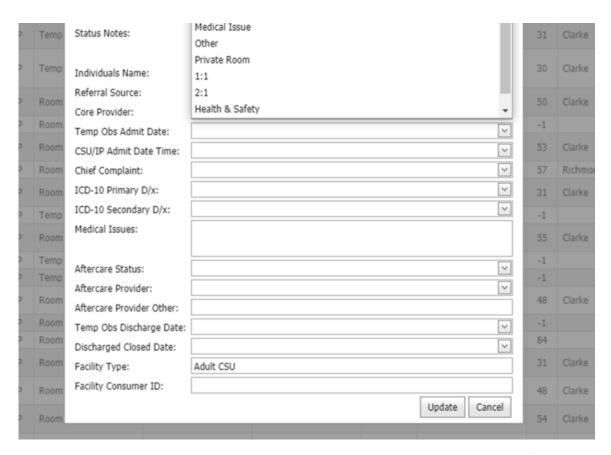
Return To Menu



Show 10	✓ entries			Search:		
	Individual Name	Created Date/Time	Referring Facility Name	Action		
	1	6/4/2020 6:16:19 AM	Hutcheson Medical Center	<i>Ø</i> ⊗ <i>Ø</i> ≥ 🖺		
Referral Type:			Medical Staff (Emergency Room)			
Closest Referred Facility:			Treatment Services			
Gender:			Unknown			
Date Of	Date Of Birth:		7/22/1966			
Submitt	ted By:		dculpepper@ihrcorp.com			
Last Updated Date/Time:			6/4/2020 6:16:19 AM			
EpisodelD:			20200604055150146_dcul			
Attachments:						
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(+)		6/22/2020 1:10:03 AM	North Fulton Regional Hospital	∅ 🐼 🕢 💌 🗒		

- Above is an expanded view of the portal view for emergency departments on the Behavioral Health Link website
- Feature to communicate electronically with the stabilization unit

Bed Inventory Updates



- Above is a screenshot showing new options to identify/select acuity of a particular person through a drop down menu
- Allows tracking of the unit to see what they are handling at a given moment

Substance Abuse and Mental Health Services Administration

Return on Investment



Using limited resources wisely



Outcomes

More Referrals in Less Time

- More referrals in less time
- Increased utilization of capacity (Daily occupancy reports generated from the system)
- > Data generated helps to inform system needs and trends.

YEAR	VOLUME	TOTAL TIME TO ACCEPTANCE
FY2013	7,729	11:38
FY2014	8,073	10:12
FY2015	11,464	6:54
FY2016	12,979	7:27



Capacity Comparison

Volume of Beds

Type of Bed	FY 2009	FY 2017
State Hospital	640	280
Crisis Stabilization	359	509
Temporary Observation	N/A	96
Total	999	885

Volume of Admissions

Behavioral Health Crisis Admissions	FY 2009	FY 2017
Mobile Crisis	N/A	14,342
Crisis Stabilization	14,959	24,228
State Contract Beds	N/A	6,644
State Hospital (AMH)	9,557	2,622
Total	24,516	47,836

Georgia has been able to serve more individuals, closer to home, with less capacity all due to better coordination and transparency. Each level of care has been able to focus on individual care with appropriate lengths of stay. With live data, KPI indicators can drive the system.



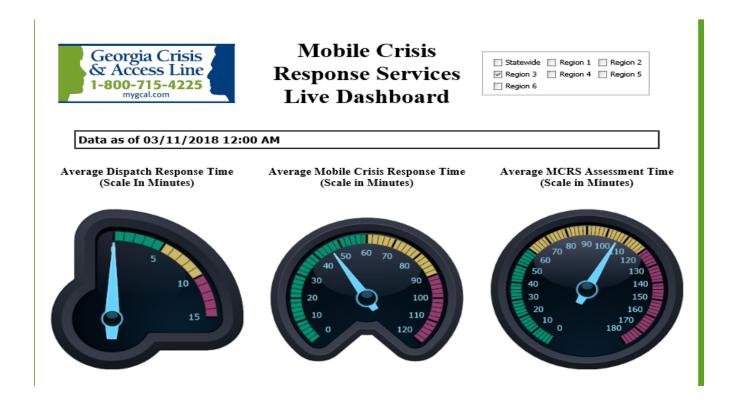
Meaningful Metrics

- The live census was launched in 2012.
 Since then, the state has established benchmarks (in parentheses below) and monitored performance using the following metrics:
- Occupancy rate of Crisis Stabilization Units (90% required)
- Denial rate (no more than 10%)
- Length of Stay (average of 7 calendars days or less)
- Diversion Rate (50% of individuals who present to Walk-In Centers or Temporary Observation Units and are treated in ≤ 24 hours and no longer require inpatient admission to a crisis unit or hospital)





Real-Time Performance Outcomes Dashboards

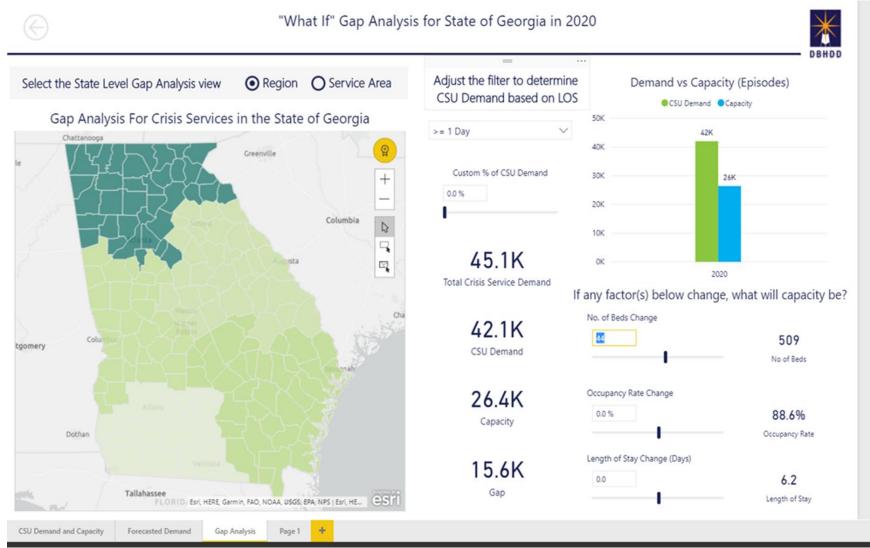


- This is one of the Mobile Crisis Response Live Dashboards looking at response time and assessment time
- Dashboards can show a particular region or the whole state



- This is a point-in-time screenshot of the internal call center dashboard that tracks performance metrics like speed of answering and abandonment rate
- Gives information that assists with call center workforce planning

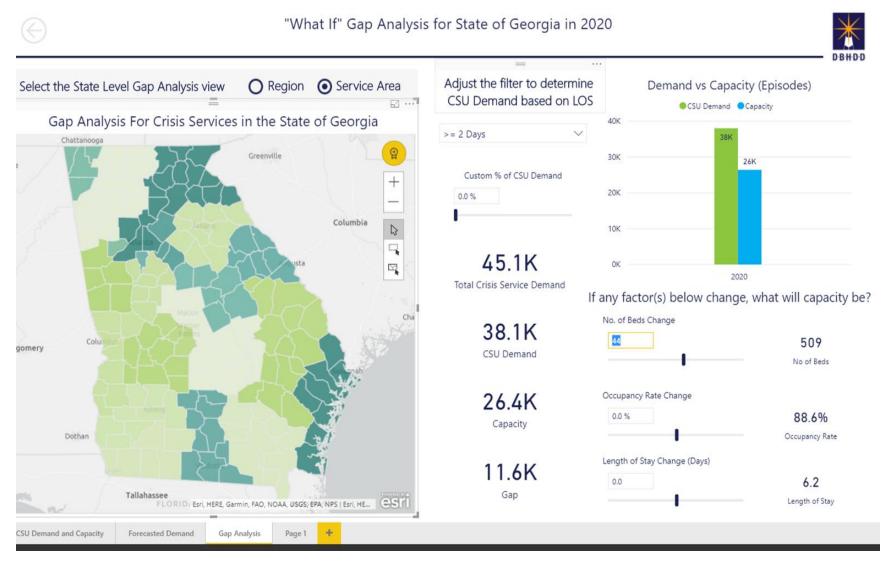
Forecasting Data



- Georgia has been able to use data from the dashboard to create this forecast of demand as it relates to the current supply of crisis beds
 - This screenshot is a state view



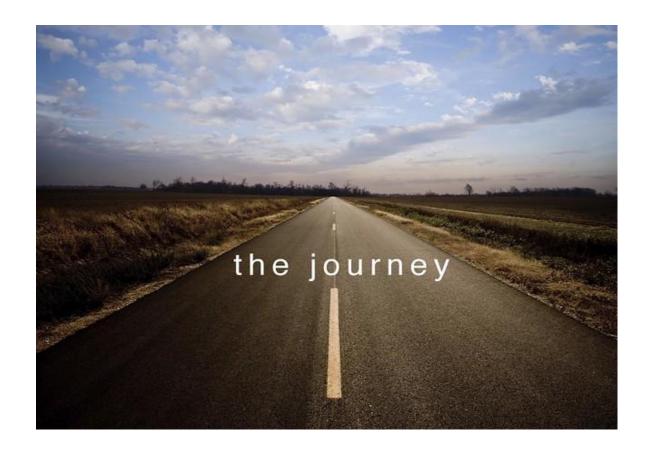
Forecasting Data Continued



 This view of forecast of demand as it relates to the current supply of crisis beds is by catchment of providers



Final Thoughts



Things to remember as you move forward



The Bed Board is a Great Tool for:

- >Transparency of the system
- ➤ Real-time Actionable Intelligence
- **≻**Data
- **≻**Accountability



Transparency

- This will highlight relationship strains from all partners
- Transparency is not a "gotcha," but highlights system improvement needs
- This will also bring culture change
 - It takes time to move a full system
 - It takes training to move a full system
 - It takes investment to move a full system



Real-Time Actionable Intelligence

- Finding closest available beds
- Identify throughput challenges
- Key performance issues
 - Realtime view of denials
 - Details on hard to place individuals
 - Speed of response



Data

- Data shows you the gaps in your system and in the technology.
- "You don't know what you don't know"
 - Be prepared to look at data with fresh eyes
 - Let the data point you to issues that need creative solutions
- This will bring constant Quality Improvement
 - We are not done! We are in the planning for 3.0 versions



Accountability

- This is not about punishment but partnership to reach a common goal
- This is the way you can track how responsive your system is
- Taking down barriers leads to real solutions for the full system which results in better care for the individuals we serve



SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

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