Live Captioning is Available

- Please click CC at the top of your screen to access captions during the live event
- Captions will open in a new window or tab that you can position anywhere you like on your screen. You can adjust the size, color, and speed of the captions.
- If you need assistance, please type your comments and questions in the Q&A box
Providing Team-Based Services to Youth in Crisis

Texas Child Mental Health Care Consortium, Dell Children’s Medical Center, & NAMI
Disclaimer

- This webinar was developed [in part] under contract number HHSS283201200021I/HHS28342003T from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.
Texas Child Mental Health Care Consortium

Texas Child Health Access Through Telemedicine (TCHATT)

Luanne Southern, MSW
Director, Texas Child Mental Health Care Consortium
University of Texas System Administration

Roshni L. Koli, MD
Medical Director, Pediatric Mental Health
Dell Children’s Medical Center
Texas Child Mental Health Care Consortium (TCMHCC)
Luanne Southern, MSW
Director of TCMHCC, University of Texas System Administration

https://tcmhcc.utsystem.edu/
Senate Bill 11- 86th Texas Legislature

“leverage health-related institutions of higher education to improve mental health care for children and adolescents”
Mission: To advance mental healthcare quality and access for all Texas children and adolescents through inter-institutional collaboration, leveraging the expertise of the state’s health-related institutions of higher education, local and state government agencies, and local and state mental health organizations.

Vision: All Texas children and adolescents will have the best mental health outcomes possible.
Funding – State General Revenue

1st Biennium: $49.5 million FY 20 and $49.5 million FY 21

2nd Biennium: $59.25 million FY 22 and $59.25 million FY 23

- Child Psychiatry Access Network
- Texas Child Health Access Through Telemedicine
- Community Psychiatric Workforce Expansion
- Child and Adolescent Psychiatry Fellowships
- Research
- Centralized Operations Support Hub
- External Evaluation
- Administration
Texas Child Health Access Through Telemedicine

- Direct telepsychiatry or counseling to students at schools
- Educational and training materials for school staff
- State-wide data management system

Central Hub

School Staff
TCHATT Implementation: UT Austin Dell Medical School

Roshni L. Koli, MD
Medical Director, Pediatric Mental Health
Dell Children’s Medical Center/ Dell Medical School
TCHATT Introduction

1. **Assessment, brief intervention, and stabilization**
   1-4 sessions for students and families

2. **Care coordination**
   Assistance with referrals to community mental health services

3. **School Consultations**
   - Provided to address safety concerns to determine next steps
   - Discuss clinical, legal, and ethical student scenarios related to mental health
   - Provide direct consultation with school staff about how to implement mental health recommendations within the classroom setting

4. Mental health **education & training** for school personnel
Planning Session with District Leads

• Student Identification and Consent
• Clinical Service Needs
• Crisis Response
• Consultations
• Mental Health Education and Training
• Care Coordination
• Session Facilitation
TCHATT: Role of Campus Liaisons

• Counselor, RN, LMHP
• Completes clinical and technical training
• Schedules and facilitates telehealth sessions
• Care Coordination
  – With families
  – With TCHATT clinicians and clinical team
TCHATT Process Overview

1. Identify student for TCHATT services
2. Visit TCHATT Partner Dashboard
3. Complete Enrollment Packet with family
4. Request intake through appointment reservation site
5. Provide student information through Appt Form
6. Review forms, schedule appointment in EMR
7. Email meeting invitation to guardian, Campus Liaison
8. Conduct appointment with student, guardian, CL
9. Complete Close Out Form
10. Request follow-up appointment(s) and referrals
11. Locate and vet appropriate referral for family
12. Email referral and any handouts requested by TCHATT clinician to family, guardian

KEY:
- Campus Liaisons
- TCHATT Operations Team
- TCHATT Clinicians
Texas Child Health Access Through Telemedicine (TCHATT) Partner Dashboard

Welcome TCHATT Partners!

Announcements:

TCHATT has upcoming closures to note. You can view our calendar [here](#).

Dashboard last updated June 2, 2021

- Our NEW phone number is 737-787-1170.
- You can schedule a consultation to speak with a clinician for support.

Forms to Schedule TCHATT Sessions

**Required Forms**

We will need to obtain consent from a student's legal guardian to conduct TCHATT sessions if the student is under 18 years old. The Release of Information will allow our clinicians to share specific treatment details with school staff members, primary care providers, and other mental health providers working with your students and their families. Please help families complete ROIs for school and treatment team providers and upload. You will find blank and district specific ROI forms below as well as a summary to help you explain the consent and ROI process to families.

**Suggested Forms**

We encourage you to tell us more about the referral concerns and additional information to help the clinician meet the student's needs. Some additional suggested forms can include:

- **Student Information Form**
- Any additional screening tools as relevant.

**Screening Tools & Assessments**

Here are some examples of screening tools you and our clinicians may use to assess students:

- GAD-7 Anxiety
- Depression PHQ-9 Ages 12+
- NICHQ Vanderbilt Assessment
• Consent to treat and Healthcare Agreement
• ROI for School District
• ROI for PCP
• Student Information Form
TCHATT: Appointment and Consultation Metrics

* Students Served
546

Appointments Provided
2,026

Consultations Provided
153

* Students Provided Referrals
451

TCHATT Appointments by Provider Type

- Physician: 24%
- Psychologist: 64%
- Other: 11%

Last Updated 7/12/2021
TCHATT: Referred Students Demographics

**TCHATT Patients by Age**
- 0 to 6: 8%
- 7 to 10: 22%
- 11 to 13: 25%
- 14 to 18: 45%

**Mode of Instruction for TCHATT Students**
- On Campus: 68%
- Distance Learning: 31%
- Unknown: 1%
Consultations by LCSW, MD, or PhD directly to Campus Liaison
TCHATT: Appointments by Month

Intake Assessments and Total Appointments by Month

- Intakes
- Total Appointments

September: Intakes 53, Total Appointments 30
October: Intakes 41, Total Appointments 41
November: Intakes 26, Total Appointments 26
December: Intakes 17, Total Appointments 17
January: Intakes 36, Total Appointments 36
February: Intakes 45, Total Appointments 45
March: Intakes 77, Total Appointments 77
April: Intakes 421, Total Appointments 421
May: Intakes 415, Total Appointments 415
June: Intakes 95, Total Appointments 95
July: Intakes 38, Total Appointments 237

SAMHSA
Substance Abuse and Mental Health Services Administration
TCHATT: Psychiatric Appointments and Follow Up

<table>
<thead>
<tr>
<th>Medication Evaluations Provided</th>
<th>Average Wait for First Available Intake (Business Days)</th>
</tr>
</thead>
<tbody>
<tr>
<td>164</td>
<td>5</td>
</tr>
</tbody>
</table>

Last Update 7/12/2021

Student Referrals by Provider Type

- 82% Therapist in Local Community
- 5% Therapist and Psychiatrist in Local Community
- 4% LMHA
- 3% Psychiatrist in Local Community
- 0% Internal Team to the HR

Last Update 7/5/2021
Students Designated as TCHATT Plus

136

TCHATT Plus Student Referral Concern

- Depression/anxiety: 7%
- Behavioral Disruption: 20%
- Trauma: 68%
- Autism: 5%
- Eating Disorder: 1%

TCHATT Plus Students by Age Range

- 0 - 6: 21%
- 7 - 10: 21%
- 11 - 13: 49%
- 14 - 18: 9%

Last Updated 7/7/2021
TCHATT Plus

Reasons for TCHATT Plus Eligibility

- Uninsured: 25%
- Psychiatry Waitlist: 28%
- Psychology Waitlist: 26%
- Specialty Care: 22%
TCHATT Plus Student Insurance Carriers

- No Insurance
- Blue Cross and Blue Shield
- Medicaid
- Superior HealthPlan
- Aetna
- Blue Cross and Blue Shield Medicaid
- United HealthCare
- Cigna
- Scott and White Health Plan
- Anthem Blue Cross Blue Shield
- Dell Children’s Medicaid
- STAR Medicaid
- CHAMPVA
- Humana
- Tricare
- Children’s Medicaid
- Civilian Health and Medical Program
- Community First Medicaid
- First Health Network
- Humana Medicaid
- Medi-Share
- Medicaid - Scott and White Health Plan
- Right Care Medicaid

Last Updated 7/7/2021
**TCHATT Plus Appointments**

**Number of TCHATT Plus Sessions**

415

Last Updated 7/7/2021

**Average # of Plus Sessions per TCHATT Plus Student**

4

**TCHATT Plus Appointments by Month**

- November: 11
- December: 13
- January: 24
- February: 30
- March: 53
- April: 96
- May: 121
- June: 64
- July: 3

**Average only includes students who have completed the program**

Last Updated 7/7/2021
TCHATT Partnership with LMHAs

• Follow up care for students and families needing longer term mental health treatment

• TCHATT funding to develop partnership and coordinate intake

• Partnership at Schools

• Quality metrics and data
SAMHSA’s mission is to reduce the impact of substance abuse and mental illness on America’s communities.

Luanne Southern lsouthern@utsystem.edu

Roshni Koli, MD roshni.koli@ascension-external.org

www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD)
Federal Funding Opportunities for School Mental Health

Angela Kimball
National Director
NAMI Government Relations, Policy & Advocacy Team
U.S. Department of Education ($122 billion)

- Funds may be used to address the many impacts of COVID-19 on pre-K through 12 education, including... Implementing strategies to meet the social, emotional, mental health, and academic needs of students hit hardest by the pandemic, including through evidence-based interventions and critical services like community schools.

- Funds can be used by state educational agencies (SEAs) and school districts to equitably expand opportunities for students who need the funds most, including students from low-income backgrounds, students of color, students with disabilities, English learners, students experiencing homelessness, and students with inadequate access to technology.
Purpose
To build or expand the capacity of State Educational Agencies, in partnership with State Mental Health Agencies (SMHAs) overseeing school-aged youth, and with three local education agencies (LEAs) to:

1. Increase awareness of mental health issues among school-aged youth
2. Provide training for school personnel and other adults who interact with school-aged youth to detect and respond to mental health issues
3. Connect school-aged youth who may have behavioral health issues and their families, to needed services

Eligibility
• The State Education Agency
• Education Agencies/Authorities serving children and youth residing in federally recognized American Indian/Alaska Native tribes, tribal organizations, and consortia of tribes or tribal organizations

Funding
• In FY2021, 34 awards of up to $1.8 million per year (total budget of $62.4 million)
• Proposed House FY 2022 budget of $155.5 million for Project AWARE
<table>
<thead>
<tr>
<th></th>
<th>‘FY 21</th>
<th>FY ‘21 Supplemental</th>
<th>ARP (2021)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Total Amt</strong></td>
<td>$757.5 M</td>
<td>$1.65 B</td>
<td>$1.5 B</td>
</tr>
<tr>
<td><strong>Spend By</strong></td>
<td>September 30, 2021</td>
<td>March 2023</td>
<td>September 30, 2025</td>
</tr>
<tr>
<td><strong>State Applications Required By</strong></td>
<td>Sept. 1, 2020 <em>(States apply annually for BG funds, apps due Sept 1 each year)</em></td>
<td>April 5, 2021</td>
<td>July 2, 2021</td>
</tr>
<tr>
<td><strong>Set-Asides</strong></td>
<td>Yes</td>
<td>Yes</td>
<td>Yes for ESMI; strongly encouraged for crisis services via 5.18.21 guidance</td>
</tr>
<tr>
<td><strong>Recipient Limitations</strong></td>
<td>None</td>
<td>Half ($825 M) to Community MH Providers; See FOA</td>
<td>None</td>
</tr>
<tr>
<td><strong>Federal Guidance</strong></td>
<td>FFY 2020-2021 Block Grant Application</td>
<td>SAMHSA Lttr to SMHAs (3.11.2021)</td>
<td>SAMHSA Lttr to SMHAs (5.18.2021)</td>
</tr>
</tbody>
</table>
SAMHSA’s mission is to reduce the impact of substance abuse and mental illness on America’s communities.

Angela Kimball akimball@nami.org

www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) ● 1-800-487-4889 (TDD)