Behavioral Health is Essential To Health

Prevention Works

Treatment is Effective

People Recover
PAX Tools:

Building on the success and science of PAX GBG for Family Support

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What is PAX GBG

What is PAX?

PAX is a proven, culturally responsive, research-based approach to teaching self-regulation and behavior as a skill set.
What is PAX GBG

What is PAX?

The PAX Good Behavior Game is a set of research based strategies the teacher uses to teach self-regulation.

This self-regulation creates:

- Nurturing Classroom Environments
- Increased Academic Performance
- Improved Longterm Outcomes

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What is PAX GBG

What is PAX?

PAX is identified as an evidence-based program by:
What does PAX do?

PAX GBG teaches trauma-informed prevention strategies for teachers that blend seamlessly with PBIS and RTI as:

- **Tier 1**: Universal Implementation
- **Tier 2**: Intervention for situations in which groups of students have difficulty
- **Tier 3**: Intervention for situations in which individual students have difficulty

ACES
What does PAX do?

Problematic behavior in schools regularly and routinely decrease by 70+% when PAX GBG is implemented.
What does PAX do?

The Nurturing Environment created using these trauma-informed strategies in the classroom teaches behavior and self-regulation as a skillset – producing lasting change.
What does PAX do?

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Student Groups</th>
<th>Control Classrooms</th>
<th>PAX GBG Classrooms</th>
<th>Relative Difference Benefit</th>
<th>PAX GBG Benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td>High School Graduation</td>
<td>All females</td>
<td>58.6%</td>
<td>73.6%</td>
<td>+125.5%</td>
<td>Increase</td>
</tr>
<tr>
<td></td>
<td>All males</td>
<td>44.8%</td>
<td>53.3%</td>
<td>+118.9%</td>
<td>Increase</td>
</tr>
<tr>
<td>College attendance</td>
<td>All females</td>
<td>26.4%</td>
<td>40.3%</td>
<td>+152.6%</td>
<td>Increase</td>
</tr>
<tr>
<td></td>
<td>All males</td>
<td>12.8%</td>
<td>26.6%</td>
<td>+207.8%</td>
<td>Increase</td>
</tr>
<tr>
<td>Special Education Services</td>
<td>All females</td>
<td>26.2%</td>
<td>19.5%</td>
<td>-25.5%</td>
<td>Reduction</td>
</tr>
<tr>
<td></td>
<td>All males</td>
<td>43.2%</td>
<td>24.6%</td>
<td>-56.9%</td>
<td>Reduction</td>
</tr>
<tr>
<td>Regular smoking</td>
<td>All males</td>
<td>19%</td>
<td>6%</td>
<td>-68.4%</td>
<td>Reduction</td>
</tr>
<tr>
<td></td>
<td>High aggressive males</td>
<td>83%</td>
<td>29%</td>
<td>-65.0%</td>
<td>Reduction</td>
</tr>
<tr>
<td>Alcohol abuse</td>
<td>All males &amp; females</td>
<td>20%</td>
<td>13%</td>
<td>-35%</td>
<td>Reduction</td>
</tr>
<tr>
<td>Heroin, crack cocaine use</td>
<td>All males &amp; females</td>
<td>7.3%</td>
<td>2.6%</td>
<td>-64%</td>
<td>Reduction</td>
</tr>
<tr>
<td>Drug abuse &amp; dependence disorders</td>
<td>All males</td>
<td>38%</td>
<td>19%</td>
<td>-50%</td>
<td>Reduction</td>
</tr>
<tr>
<td>Anti-social personality disorder</td>
<td>High aggressive males</td>
<td>100%</td>
<td>40%</td>
<td>-60%</td>
<td>Reduction</td>
</tr>
<tr>
<td>Violent &amp; criminal behavior &amp; ASPD</td>
<td>High aggressive males</td>
<td>50%</td>
<td>34%</td>
<td>-32%</td>
<td>Reduction</td>
</tr>
<tr>
<td>Service use for behavioral, emotional, drugs or alcohol problems</td>
<td>All males</td>
<td>42%</td>
<td>25%</td>
<td>-40.4%</td>
<td>Reduction</td>
</tr>
<tr>
<td>Suicidal thoughts</td>
<td>Males &amp; Females</td>
<td>12%</td>
<td>7.1%</td>
<td>-51.3%</td>
<td>Reduction</td>
</tr>
</tbody>
</table>

PAX GBG protects against a number of costly, deadly lifetime problems.
### What does PAX do?

**Leading Causes of Death in the United States**

(CDC, 2015)

<table>
<thead>
<tr>
<th>Rank</th>
<th>10-14</th>
<th>15-24</th>
<th>25-34</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>Unintentional Injury</td>
<td>Unintentional Injury</td>
<td>Unintentional Injury</td>
</tr>
<tr>
<td>2</td>
<td>Cancer</td>
<td>Suicide</td>
<td>Suicide</td>
</tr>
<tr>
<td>3</td>
<td>Suicide</td>
<td>Homicide</td>
<td>Homicide</td>
</tr>
<tr>
<td>4</td>
<td>Homicide</td>
<td>Cancer</td>
<td>Cancer</td>
</tr>
</tbody>
</table>
What does PAX do?

PAX GBG: Gives teachers the skills and strategies to teach Student Self-Regulation
• PAX Tools harnesses the research-based behavioral health practices found in PAX GBG and formulates them for use in the home.
1 in 7* children aged 2-8 has been diagnosed with a mental, emotional, or behavioral disorder.

This leaves parents, supporters, and even clinicians with little access to resources for children in need of support.

*Centers for Disease Control and Prevention
Finally, families in need of behavioral support will have access to the same research-based strategies already working for children in the classroom.
PAX Tools can best be disseminated by Peer Supporters.

Peer Supporters have access, trust, and relationships with the thousands of families in need of support.
Despite widespread access to families, Peer Supporters have had very little access to Evidence-based programming.
• PAX Tools provides an opportunity for improvement in social emotional skills as well as decreases in parent stress, behavior problems, and risk for mental, emotional, and behavioral disorders.
With a one-day PAXIS Institute training and ongoing support & program evaluation, peer supporters can disseminate strategies for parents and children.
Questions?

For information about bringing PAX Good Behavior Game or PAX Tools for Families to your community, please contact training@paxis.org.
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