

Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



PAX Tools:

**Building on the success and science
of PAX GBG for Family Support**

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Disclaimer Slide

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What is PAX GBG

What is PAX?



PAX is a ***proven, culturally responsive, research-based*** approach to teaching self-regulation and behavior as a skill set.

What is PAX GBG



What is PAX?

The PAX Good Behavior Game is a set of research based strategies the teacher uses to ***teach self-regulation***.

This self-regulation creates:

Nurturing
Classroom
Environments

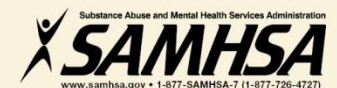
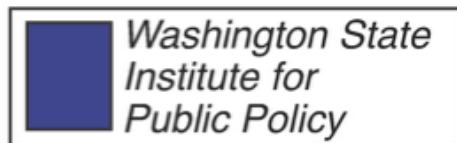
Increased
Academic
Performance

Improved
Longterm
Outcomes

What is PAX GBG

What is PAX?

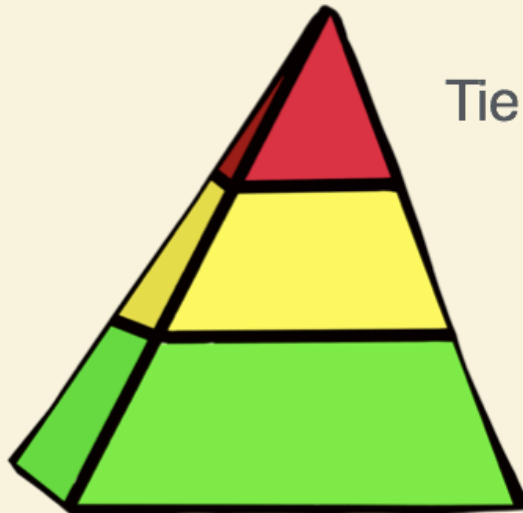
PAX is identified as an evidence-based program by:



What does PAX do?

What does PAX do?

PAX GBG teaches *trauma-informed* prevention strategies for teachers that blend seamlessly with **PBIS** and **RTI** as:

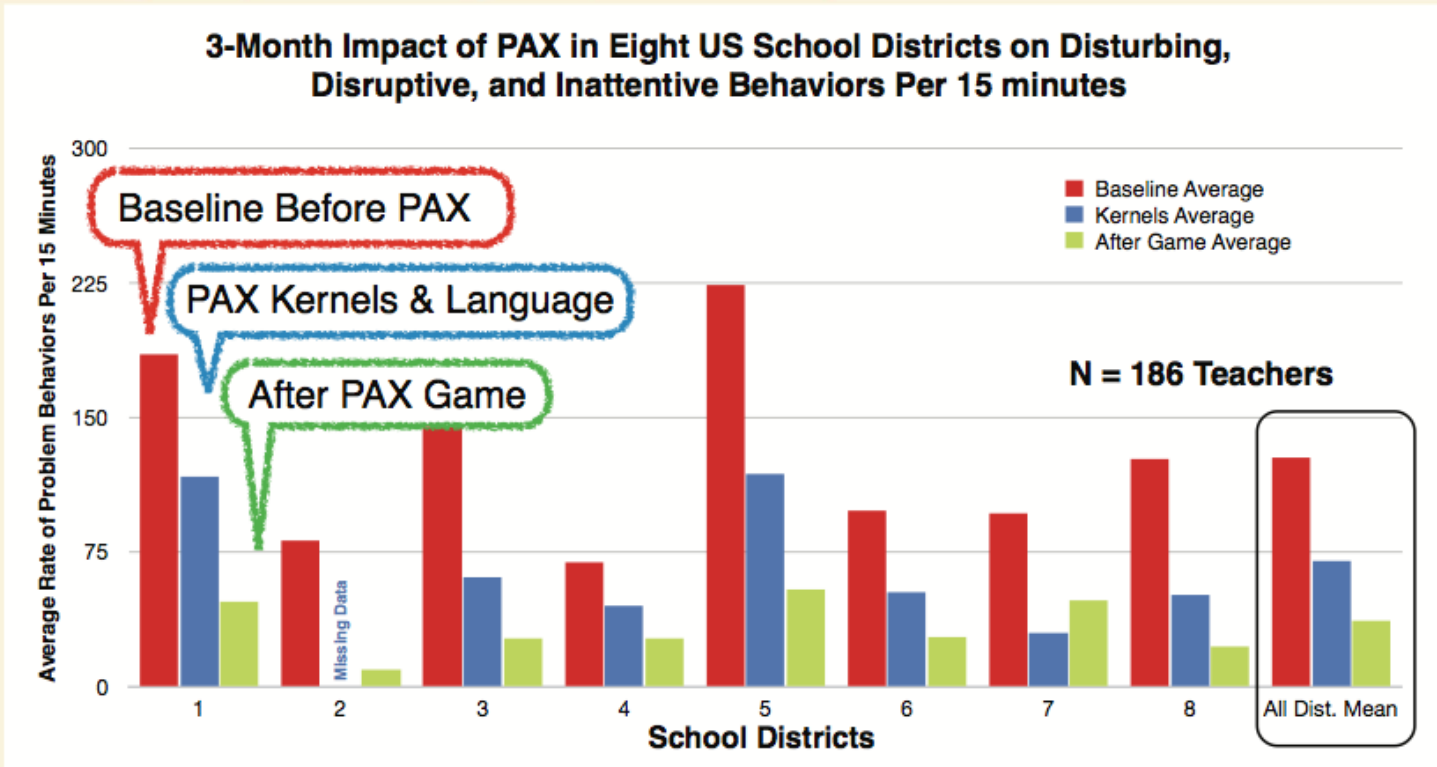


Tier 3 Intervention for situations in which individual students have difficulty

Tier 2 Intervention for situations in which groups of students have difficulty

Tier 1 Universal Implementation

What does PAX do?



Problematic behavior in schools regularly and routinely decrease by **70+%** when PAX GBG is implemented

What does PAX do?



The Nurturing Environment created using these trauma-informed strategies in the classroom teaches behavior and self-regulation as a skillset – producing *lasting change*

What does PAX do?

| Outcomes | Student Groups | Control Classrooms | PAX GBG Classrooms | Relative Difference Benefit | PAX GBG Benefits |
|--|-----------------------|--------------------|--------------------|-----------------------------|------------------|
| High School Graduation | All females | 58.6% | 73.6% | +125.5% | Increase |
| | All males | 44.8% | 53.3% | +118.9% | Increase |
| College attendance | All females | 26.4% | 40.3% | +152.6% | Increase |
| | All males | 12.8% | 26.6% | +207.8% | Increase |
| Special Education Services | All females | 26.2% | 19.5% | -25.5% | Reduction |
| | All males | 43.2% | 24.6% | -56.9% | Reduction |
| Regular smoking | All males | 19% | 6% | -68.4% | Reduction |
| | Hi aggressive males | 83% | 29% | -65.0% | Reduction |
| Alcohol abuse | All males & females | 20% | 13% | -35% | Reduction |
| Heroin, crack cocaine use | All males & females | 7.3% | 2.6% | -64% | Reduction |
| Drug abuse & dependence disorders | All males | 38% | 19% | -50% | Reduction |
| Anti-social personality disorder | High aggressive males | 100% | 40% | -60% | Reduction |
| Violent & criminal behavior & ASPD | High aggressive males | 50% | 34% | -32% | Reduction |
| Service use for behavioral, emotional, drugs or alcohol problems | All males | 42% | 25% | -40.4% | Reduction |
| Suicidal thoughts | Males & Females | 12% | 7.1% | -51.3% | Reduction |

PAX GBG protects against a number of costly, deadly lifetime problems

What does PAX do?

Leading Causes of Death in the United States

(CDC, 2015)



Predicted to be reduced by PAX GBG



Age Groups

| Rank | Age Groups | | |
|------|----------------------|----------------------|----------------------|
| | 10-14 | 15-24 | 25-34 |
| 1 | Unintentional Injury | Unintentional Injury | Unintentional Injury |
| 2 | Cancer | Suicide | Suicide |
| 3 | Suicide | Homicide | Homicide |
| 4 | Homicide | Cancer | Cancer |

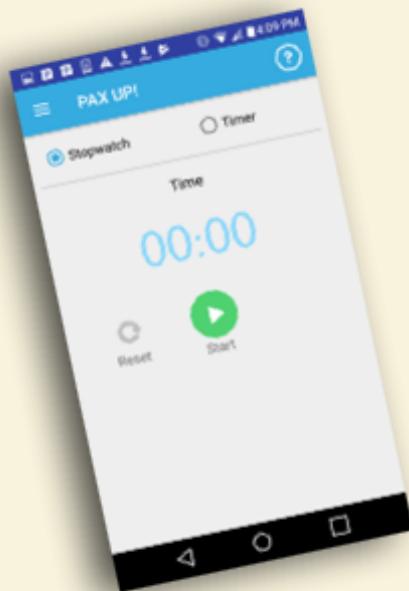
What does PAX do?



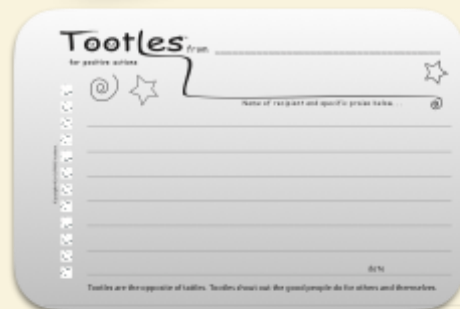
PAX GBG: Gives teachers the skills and strategies to teach Student Self-Regulation



PAX TOOLS for Families



- PAX Tools harnesses the research-based behavioral health practices found in PAX GBG and formulates them for use in the home.



PAX TOOLS for Families



- 1 in 7* children aged 2-8 has been diagnosed with a mental, emotional, or behavioral disorder.
- This leaves parents, supporters, and even clinicians with little access to resources for children in need of support.

PAX TOOLS for Families

- Finally, families in need of behavioral support will have access to the same research-based strategies already working for children in the classroom.



PAX TOOLS for Families



- PAX Tools can best be disseminated by Peer Supporters.
- Peer Supporters have access, trust, and relationships with the thousands of families in need of support.

PAX TOOLS for Families

- Despite widespread access to families, Peer Supporters have had very little access to Evidence-based programming.



PAX TOOLS for Families



- PAX Tools provides an opportunity for improvement in social emotional skills as well as decreases in parent stress, behavior problems, and risk for mental, emotional, and behavioral disorders.

PAX TOOLS for Families

- With a one-day PAXIS Institute training and ongoing support & program evaluation, peer supporters can disseminate strategies for parents and children



PAX TOOLS for Families

Questions?

PAX = Peace • Productivity • Health • Happiness



For information about bringing PAX Good Behavior Game or PAX Tools for Families to your community, please contact training@paxis.org.

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