

MENTAL HEALTH INVESTIGATION & PLACEMENT GUIDE

(reference G.O. 1640)

MENTAL HEALTH CONDITION(S) AND/OR SUBSTANCE DEPENDENCE

<p>Major Mental Illness Dx (NOT Intellectual Disability or TBI)</p>	<p>Does the subject have Depression, Anxiety, Thought Disorder, or Substance Dependence? Formal Diagnosis? Medications? Doctor?</p> <p>Does the subject exhibit symptoms including but not limited to:</p> <p style="padding-left: 20px;">Depression: Feels helpless, hopeless or defective; disturbed sleep;</p> <p style="padding-left: 20px;">Anxiety/PTSD: Panic attacks, phobias, reported obsessive/compulsive disorder.</p> <p style="padding-left: 20px;">Thought Disorder: Delusions, paranoia, hallucinations (especially command hallucinations).</p> <p style="padding-left: 20px;">Substance Dependence: Subject reports addiction to a substance; unable to stop using; devotes time and energy to obtain substance; lost interest in other activities; developed tolerance for the substance.</p> <p>Look for possible signs of excited delirium: High body temperature, disrobing, animalistic/bizarre behaviors.</p>
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DANGERS TO SELF AND/OR OTHERS

Protective Factors	Factors that are shown to reduce risk of suicide and aggression: relationships with family/friends, willingness to see mental health professional, maintain interest in faith activity/work/hobbies, demonstrates future thinking, can list reasons to live.
Risk Factors	Factors shown to increase risk of suicide and aggression: previous attempts, barriers to treatment, loss of employment, physical illness, substance abuse, death of loved one/pet, hallucinations commanding subject to kill self/others, legal problems, no close relationships, loss of loved one to suicide.
Warnings Signs	End of Life Warning Signs: returning/giving things away, writing/calling to say goodbye, disclosing a specific plan, access to lethal means, extreme hopelessness, suicide note, discloses formulated plan for suicide, rehearsing steps to complete suicide, anniversary of an important life event (e.g., death of a loved one).
Directed Violence Towards Others	Threat Assessment: Is subject on a trajectory towards planned violence to others? Look for a progression starting with an unresolved grievance and moving through phases of ideation, planning, preparation, and action. Look for thought control override symptoms (command hallucinations).
Unable to Care for Self	Is the subject able to maintain his/her own safety/health, take needed medications, and stay away from harmful encounters?
Unwilling or Unable to Accept	Does the subject refuse to accept mental health resources or placement? If offered resources or voluntary admission, does the subject refuse or become manipulative?

PLACEMENT GUIDE

Voluntary	If the subject is able to take advantage of voluntary placement, EPC is not necessary. Respite care (The Bridge Detoxification), Keya House, and Bryan West Hospital may be options. Subjects under 18 years of age may be admitted to the hospital by a parent or guardian. Any adult with a medical guardian may be admitted into a hospital. Elderly subjects who suffer from dementia may be admitted to the Senior Mental Health Unit at Bryan West.
EPC	Always call Single Point of Entry for a bed assignment (402-441-4949). We will EPC hospital patients from a medical bed if given documentation by hospital staff which establishes the elements of EPC.
Other	<p>Check for any mental health flags regarding the subject in LPD's local files. If the subject is a client in certain programs, the provider will be listed along with a 24/7 contact number. Often, the provider can meet with the subject and resolve the situation. Never EPC a subject who has been admitted into the hospital for medical reasons OR who is too dangerous to be placed in the Crisis Center and can be arrested and lodged for a non-bondable offense. Notify jail personnel of subject's mental health condition so they make proper arrangements.</p> <p>Dangerous Sex Offenders may be placed under EPC and lodged in jail.</p>

PLACEMENT OPTIONS				
TYPE OF PLACEMENT	NAME	ADDRESS	PHONE NUMBER	PURPOSE
Involuntary	The Bridge	721 K St Lincoln, NE 68508	402-477-3951	Placement of intoxicated individuals unable to care for themselves; Single Point of Entry will determine if EPC subjects should be transported to the Bridge for elevated BACs.
Involuntary	Lancaster County Crisis Center	2201 South 17th St Lincoln, NE 68502	Single Point of Entry: 402-441-4949	Placement of individuals determined to be mentally ill AND who pose danger to self and/or others.
Voluntary	Bryan West Mental Health Unit	2300 South 16th St Lincoln, NE 68502	402-475-1011	For individuals self-admitting to and seeking services at Bryan West. Parents sign children into CAPS.
Voluntary	Center Pointe	2633 P St Lincoln, NE 68503	HOTLINE: 402-475-6695 402-475-5161	For individuals seek mental health treatment and resources
Voluntary	Keya House	2817 South 14th St Lincoln, NE 68502	WARMLINE: 402-261-5959	For ADULTS with a behavioral health diagnosis seeking to avert mental health crisis; NO SEX OFFENDERS; MUST HAVE TRANSPORTATION TO KEYA HOUSE.
Voluntary	Mental Health Referral by Police Officer	lpd@mha-ne.org	--	Consider referring individuals to MHA. A referral is a e-mail that includes the type of incident, the individual's contact information, and a brief description of the person's mental health issues.