

Hello NASMHPD Division Member:

Following up to the SAVE THE DATE email we sent in May, we are excited that Dr. Judith Cook will join us next week to showcase Wellness and Self-Care. Dr. Cook is the Director of the Center on Mental Health Services Research & Policy at the University of Illinois at Chicago and they have developed resources on wellness and self-care we think you will find very beneficial. Please find the webinar description and Zoom information below. SEE you on August 12th!

Thank you,
David



New Tools for Self-Direction & Integrated Health Care: UIC's Solutions Suite for Health & Recovery

Are you looking for free tools to help people recover from behavioral health disorders and enhance their health and wellness? The UIC Solutions Suite contains 18 products with free training and technical assistance that practitioners can use to promote positive outcomes for the people they serve. This webinar will explore these free resources developed by the UIC Center on Integrated Health Care and Self-Directed Recovery, in collaboration with Collaborative Support Programs of New Jersey. Attend to learn about workbooks, curricula, and implementation manuals for programs and activities focused on work, health, wellness, financial literacy, person-centered planning, and enhancement of self-determination.

Zoomus Nasmhpd is inviting you to a scheduled Zoom meeting.

Topic: New Tools for Self-Direction & Integrated Health Care: UIC's Solutions Suite for Health & Recovery

Judith Cook and Sam Shore Webinar

Time: Aug 12, 2021 02:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/6146055783>

Meeting ID: 614 605 5783

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