Visit our webpage on the NASMHPD website under the Technical Assistance banner for these resources are more!

• Rethinking Crisis Strategies to Move from Crisis to Empowerment Workbook
• Tapping Into Our Inner Strength: A Survivor's Guide to Getting Through Crisis
• Using Your Spirituality During COVID-19 Times
• Workbook for Kids: Managing Big Feelings During COVID-19
• Workbook for Kids Parent Supplement: Supporting Our Child Through COVID-19
• Supporting Older Adults During COVID-19 Times
• Innovative Practices to Support Behavioral Health Peer and Direct Care Staff during COVID-19 Crisis Town Hall Series