

Web Sites

The following Web sites provide more information on issues related to implementing recovery-based care into today's public mental health system. They are listed in alphabetical order.

Boston University Center for Psychiatric Rehabilitation at Sargent College of Health and Rehabilitation Sciences

The mission of the Center is to “increase knowledge in the field of psychiatric rehabilitation and to apply this body of knowledge to train treatment personnel, to develop effective rehabilitation programs, and to assist in organizing both personnel and programs into efficient and coordinated service delivery systems.” The site includes information on recovery services, professional training, and a fantastic repository of online resources at www.bu.edu/cpr/recovery.

www.bu.edu/cpr/

Campaign for Mental Health Reform

The Web presence of a campaign “organized as the mental health community's united voice on federal policy. Its goal is to make access, recovery, coherence, and quality in mental health services the hallmarks of our nation's mental health system.”

www.mhreform.org/

Consumer/Survivor Mental Health Information from SAMHSA/CMHS

Site visitors can find a collection of guidance from the federal government's Center for Mental Health Services on the topic of Recovery. The site includes information on federal programs on employment, housing, transportation, patient assistance plans, and self-help.

www.mentalhealth.samhsa.gov/consumersurvivor/recovery.asp

Consumer Organization and Networking Technical Assistance Center (CONTAC)

A self-help advocacy organization, CONTAC is a national technical assistance center that “serves as a resource center for consumers/survivors/ex-patients and consumer-run organizations across the United States, promoting self-help, recovery and empowerment.” The site offers access to training opportunities, program overviews, and great links to other peer support organizations.

<http://www.contac.org/>

Mary Ellen Copeland's Mental Health Recovery Self-Help Strategies

A nationally known recovery educator and author of the Wellness Recovery Action Plan (WRAP), Copeland has produced a comprehensive Web site on her mental health recovery self-help strategies. Site visitors can read her Mental Health Recovery quarterly newsletter, register for training seminars, or order from her archive of publications, organizations, and Web sites that focus on Recovery. www.mentalhealthrecovery.com See also the

<http://www.copelandcenter.com/> site.

NAMI

A leading voice in our nation's consumer advocacy community, NAMI (National Alliance for the Mentally Ill) has produced a site full of information on Recovery issues. The site's vault of

info includes access to public awareness projects, models for self-help groups, contact with the National Consumer Council (“the only nationally convened representative body of persons living with mental illness”), and courses on illness management and wellness taught by people with mental illness, for people with mental illness.

www.nami.org

National Empowerment Center Inc.

In the site’s own words: “The mission of the National Empowerment Center Inc. is to carry a message of recovery, empowerment, hope and healing to people who have been diagnosed with mental illness. We carry that message with authority because we are a consumer/survivor/expatient-run organization and each of us is living a personal journey of recovery and empowerment.”

<http://www.power2u.org/>

National Mental Health Association

This renowned organization’s Web site offers consumers help in creating a *Dialogue for Recovery*. The innovative NMHA program is “aimed at enhancing communication between doctors and patients about treatment goals, medication side-effects and other quality of life issues affecting the recovery of individuals diagnosed with serious mental illness.” The site also offers helpful information on psychiatric advance directives, support services, and treatment options for recovery.

www.nmha.org

New Freedom Initiative: State Coalitions to Promote Community-Based Care

The federally funded program offers support and services to states to promote community-based care for adults with serious mental illness and children with severe emotional disturbances. Site visitors can order audio, MS PowerPoint, and text transcripts of “Retraining the Workforce to Support Recovery.”

www.olmsteadcommunity.org

The President’s New Freedom Commission on Mental Health

President George W. Bush created the commission in April 2002 as part of an effort to eliminate inequality for Americans with disabilities. Among other guiding principles, the commission was tasked to “promote successful community integration for adults with a serious mental illness and children with a serious emotional disturbance.” The site includes access to a variety of reports and information including a report on consumer issues that calls for a “Recovery-Oriented Mental Health System.”

www.mentalhealthcommission.gov

US Psychiatric Rehabilitation Association

The USPRRA, formerly the International Association of Psychosocial Rehabilitation Services, helps “advance the role, scope, and quality of services designed to facilitate the community readjustment of people with psychiatric disabilities.” The group’s site offers information on the Psychiatric Rehabilitation Certification Program, a “test based certification program and

enforcement of a practitioner code of ethics.” USPRA official believe the credential will validate practitioners’ “knowledge, skill and ability to provide psychiatric services.”

<http://www.uspra.org/>