

EXTERNAL INFLUENCES ON RECOVERY

Involuntary Treatment
Forced Medication
Restraint and Seclusion
(both physical and chemical)
Abuse by Mental Health
System and Staff

No Choice of Treatment
Coercion with
Behavioral Threats
Lack of INFORMED CONSENT
about side effects,
how treatment, medication
can help
Discrimination because of
Diagnosis
Power differential imposed

Provider who listens;
supports collaboration
in treatment;
Trust is built between
provider and consumer.
Provider is honest in
presenting what is available,
and finding what is needed
if not provided by
provider agency

Alternative
Healing Methods
can be chosen,
used, and funded.
Cultural issues, beliefs
and healing respected.
Information about
treatment/medication
is provided.
Consumer choice
prevails.

Poverty
Housing/Homelessness
Substandard Housing
Work limits by SSI/SSDI
Education - Lack of funds,
Lack of opportunity,
interruption,
Cultural/Racial discrimination

DISCRIMINATION
PREJUDICE
STIGMA
(a brand, or a mark of infamy)

COLLABORATION
RESPECT
TRUST

Social Supports
Adequate Income Supports
Housing Assistance, including
reuniting families
Employment Opportunities
Education and Training
Funding for medication,
treatment chosen
by consumer

Insurance Limits
Providers will not accept Medicaid
Licensure limits Providers who can
receive insurance payments
Difficulty in obtaining insurance
Inability to pay for care

Peer Supports
Lack of Understanding of
Consumer Differences
Competition rather than
Collaboration

Natural Supports
Lack of Understanding
Lack of Resources
Abusive
Overprotective
Coercive
Self-Blame
Denial

Peer Supports
Inclusive
Collaboration
Emotional and
Physical
Support
Advocacy

Natural Supports
Family, Friends
Open Door
Hugs and Caring,
Spiritual Support,
Financial Assistance,
Housing,
Healthy Emotional
Support,
Advocate