



Changing the Conversation: Mental Health Transformation in 2010 and Beyond

**2009 NASMHPD Winter Meeting
December 7, 2009**

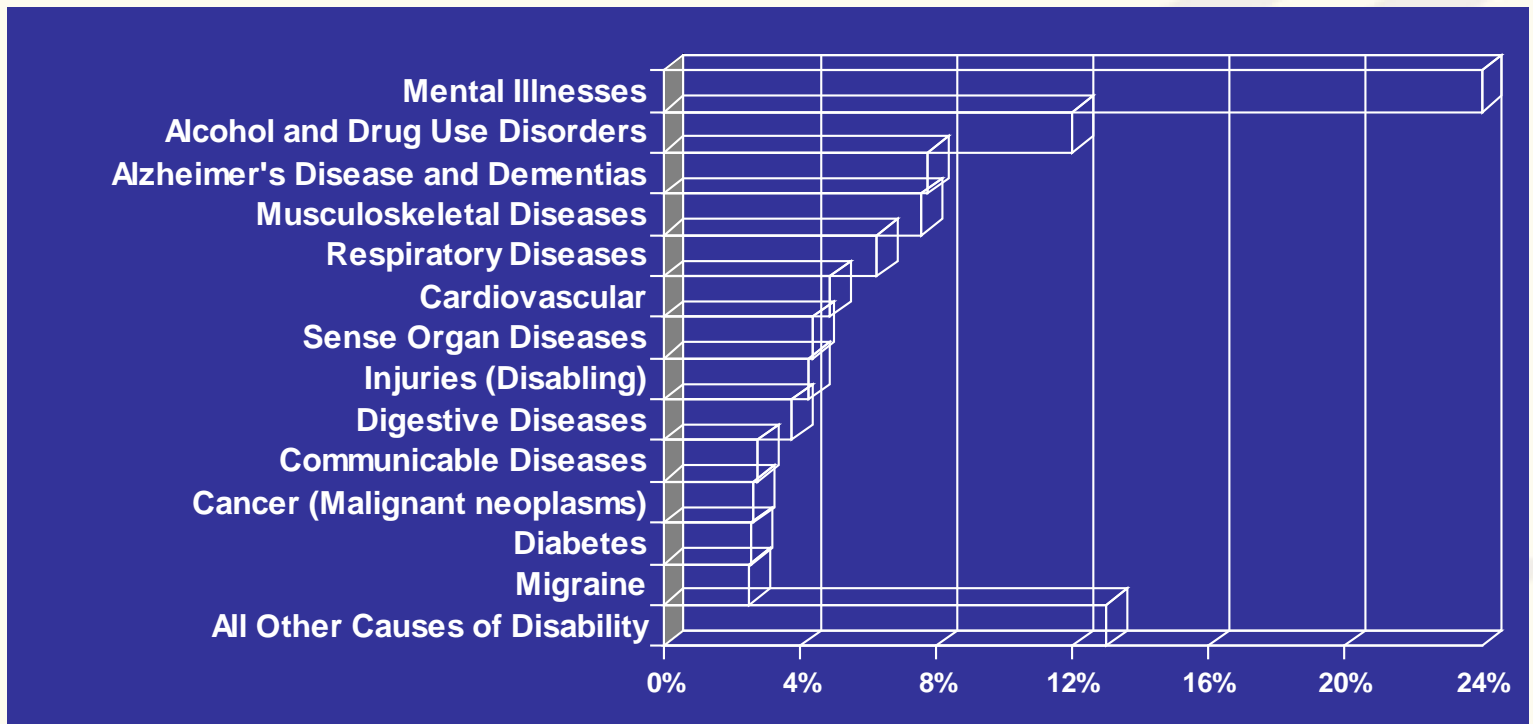
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Global Burden of Disease



The top 3 leading causes of disability worldwide are behavioral disorders.



The World Health Report 2001—
Mental Health: New Understanding, New Hope

New Freedom Commission Goals



- Goal 1** Americans understand that mental health is essential to overall health.
- Goal 2** Mental health care is consumer and family driven.
- Goal 3** Disparities in mental health services are eliminated.
- Goal 4** Early mental health screening, assessment, and referral to services are common practices.
- Goal 5** Excellent mental health care is delivered and research is accelerated.
- Goal 6** Technology is used to access mental health care and information.



Federal Partners for Mental Health



- Department of Agriculture
- Department of Defense
- Department of Education
- Department of Health and Human Services
- Department of Housing and Urban Development
- Department of Justice
- Department of Labor
- Department of State
- Department of Transportation
- Department of Veterans Affairs
- Social Security Administration
- Equal Employment Opportunity Commission
- Office of Personnel Management

Priority Workgroups

Employment

Finance

Primary Care and Mental Health Integration

Reintegration of Veterans and Their Families

Suicide Prevention



Federal Partner Accomplishments



Increasing Understanding

- www.realwarriors.net
- www.americasheroesatwork.gov

Promoting Access

- National Suicide Prevention Lifeline: 1-800-273-TALK. Press “1” if you are a veteran or concerned about one.
- *Integration of Mental Health, Substance Abuse, and Primary Care*, www.ahrq.gov
- Getting Through Tough Economic Times, www.samhsa.gov/economy

Reducing Barriers

- New Ticket to Work regulations, www.yourtickettowork.com



T-SIG GRPA Infrastructure Measures



In the first 2 years, the first group of 7 States:

- Made more than 45 significant and positive policy changes, including 7 in the financing arena;
- Trained more than 6,500 providers;
- Made 13 significant and positive organizational changes;
- Expanded data accountability systems across 13 organizations; and
- Implemented evidence-based mental health practices.

Of planned infrastructure changes:

- 25% will be on consumer-driven care.
- 25% will be on evidence-based practices.
- Almost 20% will be on prevention practices.
- And 30% will be on primary health, disparities, and technology.



Transformation Transfer Initiative Awards



Full Awards

- **Alaska**
- **Arizona**
- **Arkansas**
- **District of Columbia**
- **Indiana**
- **Maine**
- **Massachusetts**
- **Mississippi**
- **Montana**

Partial Awards

- **Alabama**
- **Florida**
- **Illinois**
- **North Dakota**



Consensus Definition of Recovery



Mental health recovery is a journey of healing and transformation for a person with a mental health problem to be able to live a meaningful life in a community of his or her choice while striving to achieve maximum human potential.

SAMHSA, 2006

Welcome to MHT

[Home](#)[Topics](#)[Find Experts](#)[Locate Events](#)[My Community](#)[Join A Community](#)[Change Agents](#)[Need to Register](#)

Find an Expert

Learning from the Experts

Do you need assistance with your organization's transformation efforts? We can match you with resources and consultants to help you plan, evaluate, or improve mental health services and systems of care. [Read more](#)

Learn More About

Social Inclusion

For too long, discrimination, fear, prejudice, isolation, and bias have been associated with mental health



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Featured Topics



Bring Change 2 Mind

November 17, 2009

BringChange2Mind.org is a not-for-profit organization created by Glenn Close, the Child and Adolescent Bipolar Foundation (CABF), Fountain House, and Garen and Shari Staglin of IMHRO (International Mental Health Research Organization). The idea of a national anti-stigma campaign was born of a partnership between Glenn Close and Fountain House.... [Read more](#)

Guest Blog



Kathryn Power
November 23, 2009

Tools for Change Agents

Welcome to the Mental Health Transformation web portal – a new web site from SAMHSA's Center for Mental Health Service to provide change agents with timely information and tools for collaboration to promote recovery and resiliency as the expected outcome of mental health services in all service systems. Through this blog, I'll introduce you to the exciting new features on the portal and solicit your input about the kinds of tools and resources you need to facilitate transformation in your agency, community, or State.

Calendar

◀ November 2009 ▶

S M T W T F S

Healing Our System...and Ourselves



[We] can do this. We can decide to roll up our sleeves and create something new—an outcome-oriented, consumer-driven, community-based, innovative, and accountable mental health care system—one that leads to recovery for persons with serious mental illnesses. We can do what it takes so that those among us who must live their lives with mental disorders can have a real home, a fulfilling job, and deep relationships. We can do what it takes so that our friends and neighbors with serious mental illness can come home.

Timothy A. Kelly, *Healing the Broken Mind: Transforming America's Failed Mental Health System* (New York University Press, 2009)