

# Making Progress in Mental Health Policy: One Step at a Time

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# Definitions

- Fundamental change
- Transformation
- Incremental change
- Sequential change

# Cycles of Reform

- 1900 - Mental hygiene
- 1800 - Asylum care and moral treatment
- 1950 - Community mental health
- 1975 - Community support

# Incremental Change v. Transformation

- 1978 - President's Commission (Carter)
- 1980 - National Plan on Chronic Mental Illness
- 1990 - "Inching Forward"
- 2003 - President's Commission (Bush)



# Role of Science - Scientific Reports

- Cochrane reviews
- National Institute reports
- Surgeon General reports



# President's *New Freedom* Commission

- Recovery is possible and expected
- Mental health system is fragmented
- Transformation needed



# Evidence-based Practices by Setting

- Specialty mental health services
- Substance abuse services
- Primary care
- Social care
- Criminal justice



