



COMING TOGETHER TO SERVE: THE BEHAVIOAL HEALTH AFTERMATH OF THE FT.HOOD SHOOTINGS

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Update on a Current Crisis

The Ft. Hood Shootings

- November 4, 2009
- 13 killed, 43 wounded, 200-300 witnesses, approximately 500 highly exposed
- 175 rounds fired in four minutes
- Exposure: People confined in building for two hours, schools/homes locked down for 7 hours
- Other stressors: Cell phone voice service out for two hours



Current Status

- Immediate clinical response (including behavioral health)
- Initiate tracking/monitoring
- Planning for forward behavioral health campaign (including beyond Ft. Hood)
- Material collection/adaptation/distribution
- Investigation (s)



Where CSTS And State Mental Health Authorities Meet...

- Shared commitment to a shared population
- Overlapping-- roles, expertise, experience, systems, shared high risk populations, disaster preparedness and response roles

Shared Experiences/Challenges

- Leading while under scrutiny for responsibility
- Simultaneous response and personal/workplace “coming to grips”
- Combating stigma- religion, mental health, psychiatry, government
- Restoring confidence when the social contract has been shattered



Resources Available Through CSTS

- **General Information:**

<http://www.centerforthestudyoftraumaticstress.org/>

- **Ft. Hood Specific Information:**

[http://www.centerforthestudyoftraumaticstress.org/
resources/category-34_ft_hood](http://www.centerforthestudyoftraumaticstress.org/resources/category-34_ft_hood)

