

Principles of Antipsychotic Prescribing for Policy Makers

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Principles of Antipsychotic Access, Efficient Utilization and Prescribing

1. Treatment with antipsychotic medications, like any other treatment, should be individualized in order to optimally promote recovery.
2. Treatment with antipsychotic medication should be as effective, safe and well-tolerated as possible.
3. Treatment with antipsychotic medication should consider personal preference and vulnerabilities.

Principles continued

4. Treatment with antipsychotic medication should provide value in terms of improved quality of life to the consumer.
5. Treatment choices should be informed by the best current evidence and must evolve in response to new information.
6. Cost considerations should guide antipsychotic medication selection if the preceding principles are met.

Policy Recommendations Based on the Current State of Knowledge

1. Ensure Appropriate Access
2. Ensure Efficient Utilization
3. Promote Best-practice Use of Antipsychotic Medications
4. Ensure Timely Availability and Dissemination of Necessary Clinical Trial Information

Ensure Efficient Utilization

- An open formulary
- Clinically adequate access
 - simple and flexible prior authorization
 - “grandfathering”
 - PDL access
 - PDL choices

Promote Best-practice Use of Antipsychotic Medications

- Best-practice Guidelines
- Point-of-care Clinical Information Tools
- Monitoring
- Patient Adherence

**Current State of Knowledge about
Antipsychotic Efficacy and
Prescribing from All Available Studies**

