

# **TRIAD-Rating the States**

## **Presentation at the NASMHPD Winter Leadership Meeting**

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# NAMI

## (National Alliance for the Mentally Ill)

- Founded in 1979 (**26th Anniversary**).
- Dedicated to the Eradication of Mental Illnesses and Improvement of the Quality of Life of All Whose Lives are Affected by These Diseases.
- Non-profit, Grassroots, Self-help, Support and Advocacy Group of Consumers, Families, Friends with Severe Mental Illness (SMI).
- 52 State Offices and 1100 Affiliates.
- National Office Provides Direction and Support to Affiliates and Engages in Advocacy/Education.
- Largest Consumer Organization in America.

# Goals of the Report

- Advocacy tool for next legislative session and beyond.
- Baseline to evaluate mental health services in your state.
- Identification of best practices.
- Identification of worst practices.
- Tools for working with policymakers and the media.

# Report Methodology

- Information from state mental health authorities.
- Information from other sources, e.g. reports, media accounts, justice department, etc.
- Interviews with NAMI grassroots leaders.
- Consumer/family “test drive”

# Report Methodology (cont.)

- 50 questions on a variety of topics.
- Each question worth two points, with a maximum score of 100.
- Results displayed in report card format.
- Final composite grade for each state.

# What Are We Looking At?

- Accessibility of information for consumers and families
- Evidence based practices (ACT, Supported Employment, Integrated mental health/substance abuse treatment, family education, illness self-management)
- Supported housing
- Jail diversion
- Medicaid mental health policies
- Medications (access, quality and monitoring)

# What Are We Looking At (cont.)

- General access to services
- Hospitals (access, quality of care and monitoring)
- Leadership and accountability (innovation, planning, transparency of information)
- Workforce development
- Consumer/family inclusion
- Multicultural capacity and outreach
- Health promotion and mortality reduction

# Process and Timetable

- Questionnaires have been sent to state mental health authorities
- Interviews have been held with NAMI grassroots leaders.
- Continue to work with external experts (Human services Research Institute and others) to ensure accuracy of data and the provide guidance.
- Data Collection and report writing through 2005.
- Report will be released at the end of January.
- A website of supporting materials will be in place.