

Wyoming

Trauma Informed Care

Early Intervention Project

WY Community Mental Health Centers
partnership with
WY Child Developmental Centers

Early Intervention

- Infant & Early Childhood Mental Health collaborative & treatment programming
- Required TIC training to access Technical Support through WY Legislative funding
 - *Supervision from Specialists
 - *Access to additional WY trainings
 - *Collaborative Phone Conference sessions
 - *Monthly MH Clinician Service Reports

Transformation within CMHC services and local early childhood agencies.

Collaborating in Laramie County

- To reduce the number of offenders whose probation or parole is revoked for substance related offenses;
- To reduce the time between the removal of children and reunification with parents or relatives;
- To reduce out-of-home & community placement of children;
- To increase high school graduation rates;
- To reduce the rates of expulsion of students from schools.

Residential Treatment

Wyoming Behavioral Institute

Wyoming Behavioral Institute Casper, WY

- Began implementing TIC in 2005
- Organizational Administration shift and support--attacks current thinking and assumptions within the agency
- Initial Cultural Shift. Staff embracing the system of care change--challenging!
- Formal & Informal Training--on-going.....
- Re-orientation every two weeks!

Wyoming Behavioral Institute (WBI)

Where are they now?

- “Early Evolving” stage--gradual shift away from general medical care focus
- Participation in Community Meetings twice a day concluding with a positive Community Statement!
- Maintaining integrity of TIC Philosophy and structure? Challenging when...
 - Direct care staff is stressed
 - High service demands
 - Staff turn over

WBI's Structural model and Theory?

Collaborative Problem Solving

Ross W. Greene
J. Stuart Ablon

WBI- Outcome Measurements 2006-2007

- Seclusion and restraint use diminished by 67%, to minimal levels
- Staff injury levels diminished to minimal levels;
 - *70% decrease in absent work days
 - *\$100,000 decrease in Workman's Compensation claims

Wind River Reservation

Northern Arapaho
and
Eastern Shoshone Tribes

Fremont County

High Prevalence & Health Risk Indicators

- Infant mortality
- Suicide
- Birth rates for 15 to 19 years olds
- Prenatal care
- Unintentional injury*
- Motor vehicle accidents
- Overweight adults
- Poor health status
- Cancers
- Heart & liver disease
- Diabetes
- Stroke
- Adult and youth cigarette usage
- Adult and youth binge drinking

Grassroots efforts for TIC

- Conference on August 11-12, 2008
Creating Trauma Informed Systems of Care
for Human Service Settings
- Promote Awareness among Tribal, County, & State leaders, service providers, counselors, and health care staff.
- Utilization of existing health care systems.
- Strengthen networking and linkage to public health systems

Wyoming's Data Collection System

Cumulative
over a 5-year period

Wyoming's Data Challenge: The Rural State

- Available data shows an under representation of minorities and underserved population
- Some data sources are not standardized, not allowing comparisons and interpretation
- Available health data is limited on the homeless, low income, disabled, uninsured, and GLBT
- Limited financial and personnel resources to collect, summarize, and interpret data.

Laramie County

Creating a Cultural Climate Change

Laramie County's Adventure

● Getting Started; Pre-Contemplation....

Initiate the process with a core set of trusted stakeholders & possible collaboration partners

- Assess the issues; identify conditions for collaboration, develop a clear description of the issues, frame the problem as a joint search for resolution of the issue

“How can we...?”

Stages of the Collaborative Problems Solving Process, Greene & Ablon

Stakeholders in Laramie County

- PWC Program
Directors: MH & SA
- Office of Youth Alternatives
- School Dist. #1 & #2
- Police Department
- LC Sheriff Office
- Attention Homes, Inc.
- State of WY Depts.;
DFS
MHSAS Division
Multicultural Health
- Hospital--CRMC
- Child Dev. Centers
- City/County Health

Laramie County's Adventure

Educate public health & public service professionals on TIC

Raise awareness, create cognitive dissonance with existing protocols, and interest in implementation of improved methods.

How?

"Assessing Trauma" (power point) by Jonna Hilzer-Dickie (90 minute overview of NASMHPD TIC Training)

"Creating Trauma Informed Systems of Care" presented by NASMHPD and sponsored by WY MHSAS Division.

Fall 2008 or Winter 2009 in Cheyenne

Then What?

● Design a Strategy

What is the most productive format?

Agree on process steps

Identify roles

Plan a time frame

● Set up a program

Decide on logistical details; agenda, etc.

Draft meeting protocols also called convening document, group charter, meeting plan, etc..

Onward...

- Stage 2: The Deliberation Stage
(Stakeholders deliberate substantive issues)

“Dealing with Conflict in your Community”,
reference for stakeholders and facilitators

- Stage 3: The Post Deliberation Stage
(acceptable solution implemented by all)
Collaborative process is to ratify the agreement

Stages of the Collaborative Problem Solving Process, Greene & Albon

Wyoming TIC

Summarized by

Jonna Hilzer-Dickie, MA LPC

Director of Youth Services
Peak Wellness Center, Inc.

jhilzer-dickie@peakwellnesscenter.org