



Missouri Mental Health Transformation

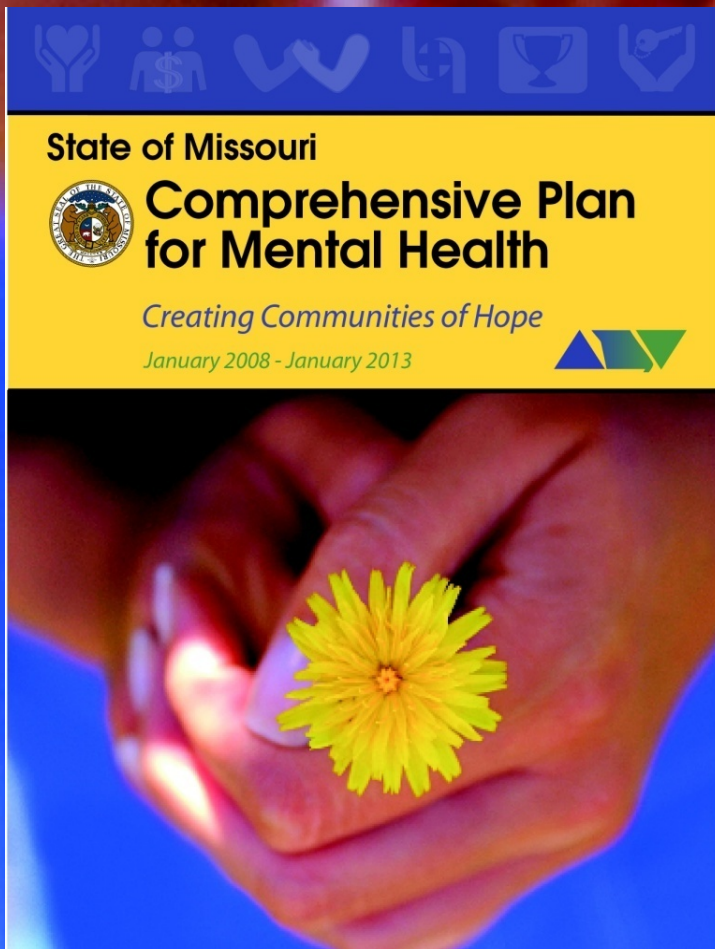
Creating Communities of Hope

Building Local Partnerships for Action

June 19, 2008

**National Mental Health
Transformation Leadership Institute
Arlington, Virginia**

Missouri's Comprehensive Plan



- **Vision- Communities of Hope throughout Missouri**
- **A Public Health Approach**
- **6 Strategic Transformation Themes**
- **6 Goals and 21 Objectives**
- **Core Strategies**
- **Action Plan**

Goal 6: Missouri Communities are Proficient in Meeting Local Mental Health Needs

Objectives:

In a Community of Hope:

"There are no barriers to getting treatment. There is one stop access to services."

St. Louis, MO

"The focus is on trying to take care of the problem, not trying to decide on which department or division should fund the service."

Anonymous

- 1) **Consistent & flexible policy and practices across state agencies informed by consumer and local needs**
- 2) **Create/expand local public-private collaboratives to improve service access, capacity, and integration**
- 3) **Expand the role and capacity of communities to identify their needs, promote mental health, & create opportunities for consumer inclusion**

Eastern Region Behavioral Health Initiative

► Structure:

- Partnership with St. Louis Regional Health Commission
 - 19 Member Board - appointments from County, City & State Leadership, Hospital, Health Clinic, Community
 - Provider & Community Advisory Boards
- Behavioral Health Steering Committee established

► Scope:

- 7 counties, ¼ Missouri population base, urban/suburban/rural
- Health/Mental Health/Substance Abuse
- Initial focus on adult population

► Financing:

- Missouri Foundation for Health, MH Transformation Grant, St. Louis Regional Health Commission, regional providers and advocacy orgs

Phase I: Eastern Region Behavioral Health Initiative

- ▶ **Established Guiding Principles**
- ▶ **Developed Vision of Transformed System**
 - **An Integrated Healthcare System that promotes:**
 - **Easy entry**
 - **Seamless navigation**
 - **Effective case management**
 - **Offering an array of treatment options**
 - **Recovery that provides balance between independence and support**
- ▶ **Determined Unmet Need**
- ▶ **Developed Strategic Plan**

Phase II: Implementation Priorities

▶ Improving Entry

- Piloted standardized screening tool with 13 agencies in May 2008
- Positive consumer feedback in initial process
- 16 agencies agreed to utilize standardized tool across the region by September 2008

▶ Reducing Stigma & Increasing Cultural Competency

- Consumer Focus Groups informed development
- Completed pilot training in April 2008
- June, August, and October 2008 follow up sessions
- Over 70 individuals representing 40 healthcare organizations to attend

Phase II: Implementation Priorities

- ▶ **Coordinating Care for High Users**
 - Finalized selection of 50 individuals for care coordination pilot in March 2008
 - Implementing cross organizational coordinated treatment for pilot participants: April-December 2008:
 - 19 organizations sharing client-level information
 - Finalize advocacy plan to address policy and financing barriers; business practice change management by December 2008
- ▶ **Also assisting in roll-out of other Comprehensive Plan strategies (CMHC-FQHC Coordinated Care Pilots & Psychiatric Acute Care Transformation)**

Critical Success Factors

- ▶ **Mental Health Planning Linked with Overall Health Planning**
- ▶ **Public-Private Partnership Inclusive of Civic, County and State Leaders**
- ▶ **Joint Financing-Leveraging Available Dollars**
- ▶ **Regional Initiatives Included as Priority Actions in Missouri Comprehensive Plan**
- ▶ **Ongoing Consumer Input**
- ▶ **Skilled & Objective Management and Facilitation**
- ▶ **Transparency and Regular Communication among and between Stakeholder Groups**

~The St. Louis Regional Health Commission received the NAMI Outstanding Civic Leader Award in 2008~ 8

Moving Forward

- ▶ **Sustainability planning for Eastern Region**
- ▶ **Criteria for expansion to other regions:**
 - Greater Kansas City proposal
 - Rural pilot (may need to adapt criteria)
- ▶ **Sustainable/effective state-local infrastructure**
- ▶ **Strategies to increase local investment in mental health including county tax levies**
 - Currently only 14 of Missouri's 114 counties have dedicated mental health tax



1706 E. Elm Street

P.O. Box 687

Jefferson City, MO 65102

573.526.3702

[www.dmh.mo.gov/
transformation/transformation.htm](http://www.dmh.mo.gov/transformation/transformation.htm)



For more
information please
visit us on the web:

www.stlrhc.org or
contact Bethany
Johnson, MSW,
314.446.6454 x1011