

# Clinical Update: The Expanding Role of State Forensic MH Services

National Association of State MH  
Forensic Directors

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# Guiding Principals

- Living Safely with Mental Illness
  - Individual Safety
  - Community Safety
  - Staff Safety
- The Four S's
  - Structure
  - Services
  - Scrutiny
  - Support

# Preaching to the Choir: Is the Recovery Model Appropriate for Forensic Services?

- Consumers Control the Outcome - Get Over It!
- Risk reduction Requires Strength Enhancement and Acquisition of Skills
- Why the Consumer Must Be Part of the Treatment Team

# Forensic Services - Traditional and Official

- Not Guilty by Reason of Insanity
  - Evaluation
  - Treatment
- Incompetent to Stand Trial
  - Evaluation
  - Treatment
- Statewide Forensic Assessment Training

# Forensic Services - Welcome to the Real World

- Violent Civil Patients
- Sexually Violent Predators
- Transfers from Corrections
  - Jail
  - Prison

# Re-Entry: Even “He” Gets It!

## Community Forensic Services

- Jail Suicide Prevention
- Training Police to Deal with SMI and EDP
- Crisis Intervention Teams (CIT)
- Mental Health Courts
- Diversion and Alternatives to Incarceration
- Improving risk assessment
- Risk Assessment Only Matters If We Reduce Harm

# The Miami-Dade Model

- The Problem
- Short-Term Solutions and the Threat of Litigation
  - Instant Beds
  - “Kill the List”
  - But what about the people who never made the list?
- Long-Term Solution
- Comprehensive Community Forensic MH Center - One-Stop Shopping

# Other Models for Community Forensic Mental Health

- Forensic Assertive Community Treatment Teams - FACT
- San Rafael Model - What One Person Can Do
- Old Faithful: Court Clinics

# Additional Potential Roles

- Judicial Training
- Investigative Assistance
  - Pros
  - Cons
- 'The Idiots on TV

# Forensic Services as Clinical Leaders

- Assessment of Risk
  - Violence
  - Suicide
- Risk Assessment vs. Harm Reduction
- Treatment of Co-Occurring Disorders
- Sex Offender Treatment?

# More and More Beds are Forensic

- I was going to present you with data on the utilization of civil v. forensic beds and community v. hospital beds in the US
- But then I remembered how much I used to hate it when people tried to “teach” me stuff I already knew
- So, make your own darned slide!

# Opportunities for Improvement

- We Need to Learn More -- Lots More -- About Trauma and Its Effect on Human Brains
  - Bruce Perry
  - Trauma
- Why We Need To Learn About Behavioral Genetics
- Behavioral Strategies such as Social Learning Environments
- Leading the way: Re-entry of long-term forensic patients
- Strengths and Weaknesses of Diagnosis

# Sexual Predator Laws

- Hendricks, Crane, etc.
- The dangers of pathologizing sexual crimes
  - Stigma on steroids - Public assumes that MI carries risk of sexual violence
  - Sexual predators prey on people with "real" mental illnesses d. Vast sums of money wasted on resources (e.g. 24 hour nursing) with no value to SO treatment
  - Cost comes out of MH budget
  - Watch DA's and PD's switch sides! Did he know what he was doing? Could he control himself? Yes! I mean no!

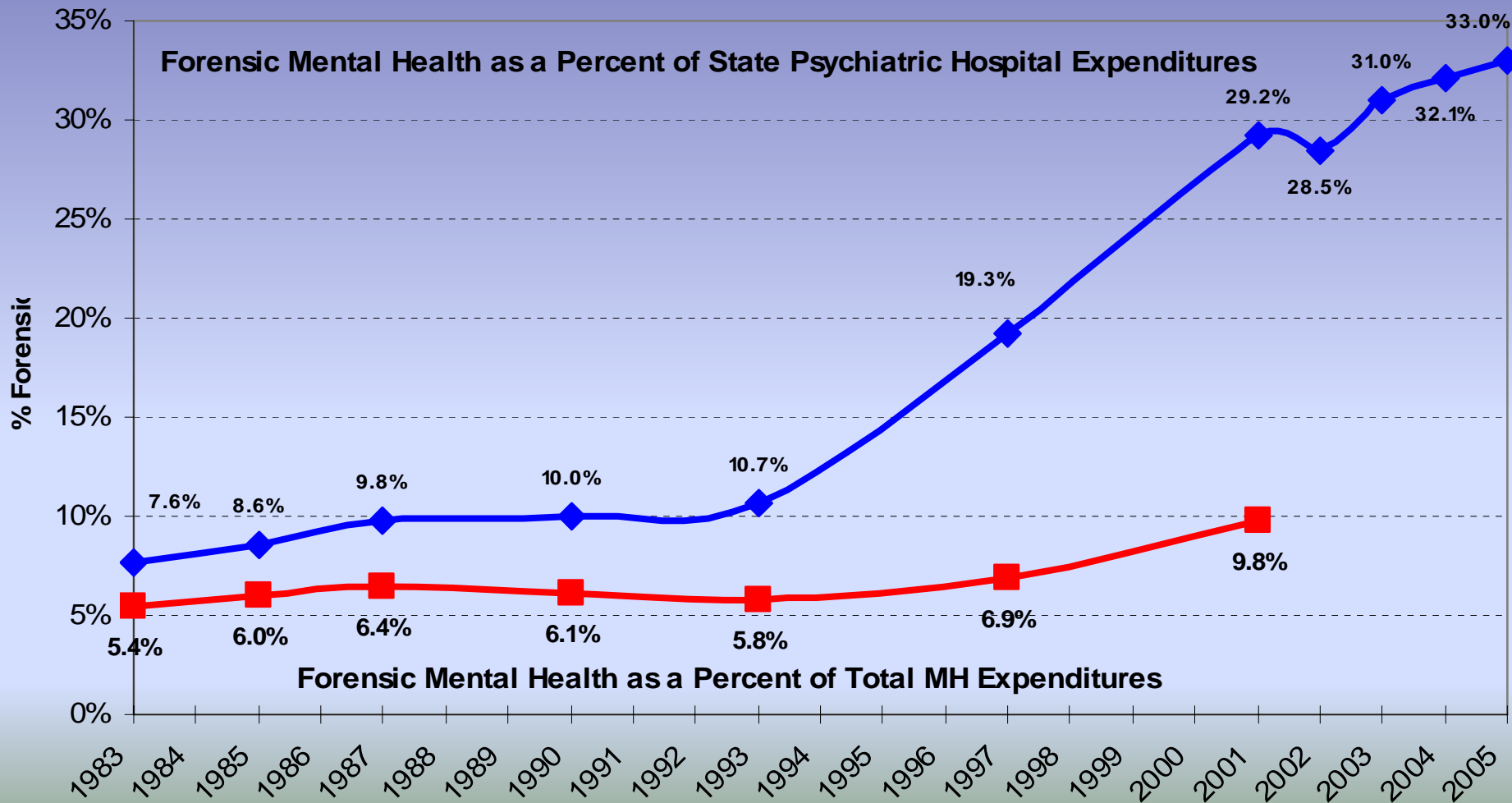
# Better Ways to Manage Risk of Sexual Violence

- More severe sentences
- "Someone to Watch Over Me" - intensive parole supervision with un-heard of case loads (e.g., 10:1)
- Risk averse politicians will never release anyone
- Consider a "PSRB" for sex offenders, with quasi-judicial immunity
- The limitations of "recidivism" research
- The only way to tell the truth is to declare our ignorance

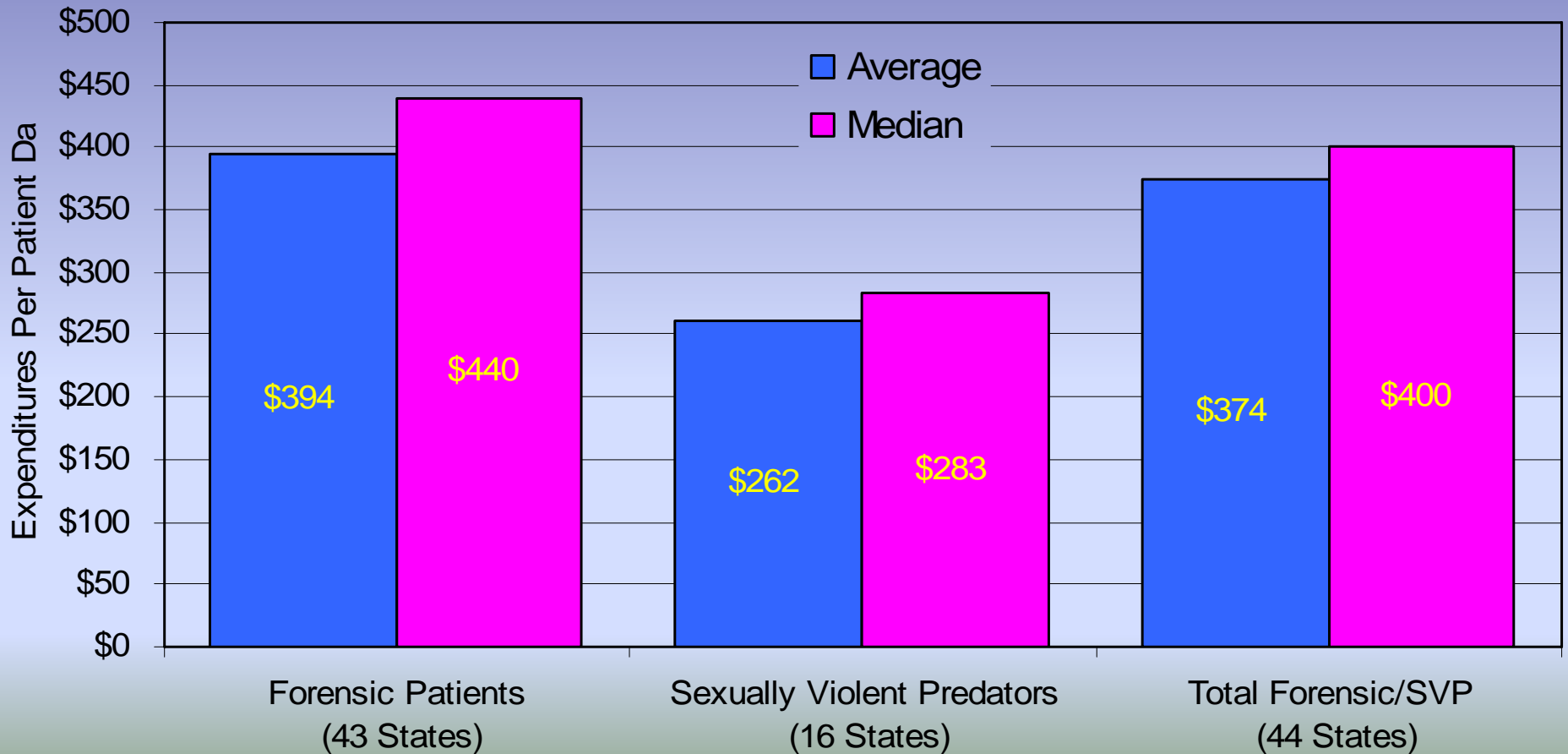
# Uncharted territory - Child Forensic MH Services

- Competency of children and adolescents
- MH care in juvenile justice systems
  - Juvenile courts
  - Juvenile detention and incarceration
- An ounce of prevention - why forensic MH professionals must lead the way in child protection

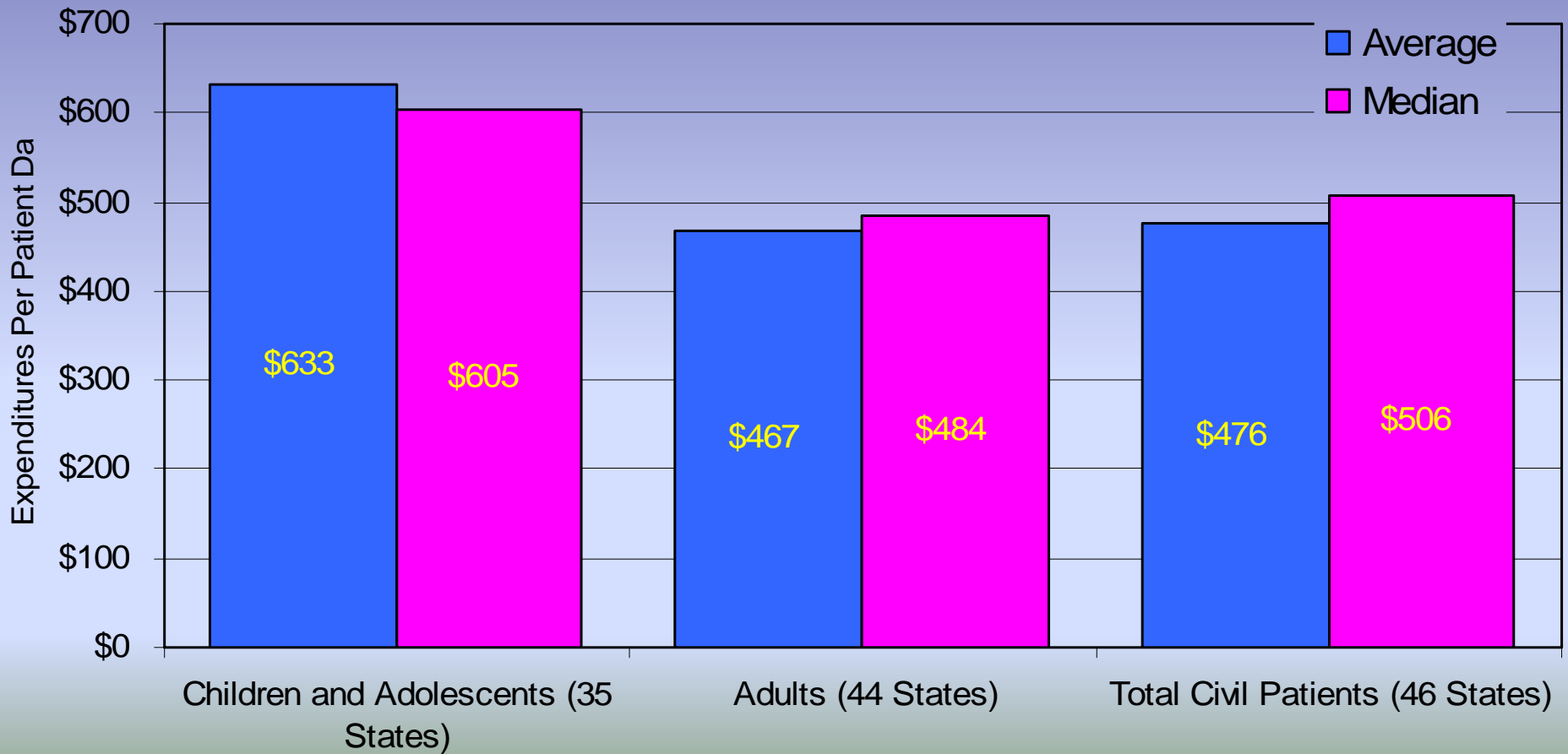
# SMHA-Controlled Forensics and Sex Offender Mental Health Expenditures, FY'83 to FY'05



# FY'2005 Expenditures Per Patient Day In State Psychiatric Hospitals (Forensic Status Patients)



# FY'2005 Expenditures Per Patient Day In State Psychiatric Hospitals (Civil Status Patients)



# Per Capita State Psychiatric Hospital Expenditures for Forensic, Sex Offender, and Civil Status Patients, FY'05

