

National Association of Area Agencies on Aging (n4a)

Older Persons Division 2007 Conference
National Association of State Mental Health
Program Directors (NASMHPD)

AAAs and Title VI Programs – White House Conference on Aging

- Supported Parity for Mental Health Services under Health and Long-Term Living



AAAs and Title VI Programs – OAA Reauthorization 2006

- Title IV, Multidisciplinary Centers
 - Amends Section 419
 - Authorizing new grants to states on competitive basis
 - Development and operation of systems for delivery of mental health screening and treatment services for older adults

AAAs and Title VI Programs – OOA Reauthorization 2006

- Section 201 (f)
 - Assistant Secretary designate employee
 - Develop objectives, priorities, and long-term plan for supporting state and local efforts

Choices for Independence

- Modernizing the Older Americans Act
- Three-pronged strategy
 - Empowering individuals to make informed decisions about long-term support options
 - Providing more choices for individuals at high-risk of nursing home placement
 - Enabling older people to make behavioral changes to reduce their risk of disease, disability and injury

n4a Support of Mental Health Issues for Older Adults

- Continues to support initiatives for mental health for older adults at the national level
- National Coalition on Mental Health and Aging – Sharing information
- Informal Group – SAMHSA Reauthorization

What's Changing?



What Some AAAs Are Doing

- Partnering and Collaborations
- Coalitions
- Information and Referral

Atlanta Regional Commission

- Collaborated with Fuqua Center for Late-Life Depression, Emory University – Depression and Suicide Prevention Community Interventions
- Metro Atlanta Aging and Mental Health Coalition
- HAN Depression Conference – May 2008

Atlanta Regional Commission – Community Care Service Program

- Trained care coordinators to recognize and screen for depression Community Care Services Program (CCSP)
- Helps Medicaid-eligible elderly or functionally impaired to continue living in their homes and communities
- Piloted as collaborate effort by Atlanta Regional Commission, (AAA for 10-county Atlanta region), Visiting Nurse Health System, contracted to provide case management and Fuqua Center for Late Life Depression
- All 12 regional AAAs in Georgia trained

Illinois Gero-Psychiatric Initiative

- Sponsored by Illinois Department of Human Services – Division of Mental Health (collaboration between behavioral health care providers and AAA in 4 Planning and Service Areas (PSAs 8, 9, 10 and 11)
- Charlotte Kauffman, Service Systems Coordinator, Illinois Dept. of Human Services, Division of Mental Health – information on Gero-Psychiatric Initiative & Chair OPD

Illinois Gero-Psychiatric Initiative

- Budget issue paper – State FY09 to expand statewide and appropriate 25 - \$30,000 mini grants to support community –based mental health services for older adults
- Mike O'Donnell, Executive Director, East Central Illinois AAA, Legislative Chairperson for Coalition

West Central Florida AAA

- Local Coalition Work Group – Includes mental health providers and Hillsborough County Crisis Center (public private sector partners)
- ElderHelpline database – includes mental health agencies

Iowa Area Agencies on Aging

- Aging Resources of Central Iowa
 - Iowa Coalition on Mental Health and Aging
 - GEC at the University of Iowa, Senior Outreach Counseling program to train providers
- Hawkeye Valley Area Agency on Aging
 - Works closely with mental health center – in-home outreach and counseling
 - Receive training for staff on how to identify behaviors that would benefit from mental health services

Eldercare Locator

- Administered by n4a
- Call Center – 800.677.1116
- Website – www.eldercare.gov
(consumers)
- Website – www.n4a.org/locator
(professionals)
- Information and Referral

Eldercare Locator – Mental Health Resources

Additional Call Center Resources

- Mental Health America – Resource Center
800.969.6642
- U.S. Substance Abuse & Mental Health Services Administration – Referral Helpline
800.789.2647
- National Alliance for the Mentally Ill (NAMI) – Information Helpline
800.950.6464

Eldercare Locator – Website

Mental Health Resources

The Substance Abuse Treatment Facility Locator

The Substance Abuse and Mental Health Services Administration (SAMHSA) On-line resource for locating drug and alcohol abuse treatment programs around the Nation.

24- Hour Hotline: 1.800.662.HELP (4357)

Web Site: www.findtreatment.samhsa.gov

Mental Health Services Locator

This Locator provides comprehensive information about mental health services and resources by city, state or zip code.

Web Site: <http://www.mentalhealth.org/databases/>

Toll-free telephone: 1.800.789.2647

Suicide Prevention Hotline at: 1.800.273.TALK (8255). For TTY users call: 1.800.799.4TTY (4889)

Web Site: <http://www.suicidepreventionlifeline.org>

Eldercare Locator – Other Helpful Resources and Activities

- Aging and Disability Resource Centers
- Dissemination
 - Cultural Resource – “Healing the Spirit: Treatment of Depression Among the Asian Elderly”

Aging and Disability Resource Centers

- A partnership between the U.S. Administration on Aging and the Centers for Medicare & Medicaid Services to support state efforts to assist older adults and persons with disabilities in accessing community-based and other long-term care services
- Listed in Eldercare Locator database

Aging and Disability Resource Centers

Target Populations	No. of Pilot Sites (2003, 2004 grantees)
Adults Aged 60 and Older	51 (100%) in 24 states
People with Physical Disabilities	45 (88%) in 19 states
People with MR/DD/ID	28 (55%) in 13 states
People with Mental Illness	27 (53%) in 12 states
All Disabilities	20 (39%) in 10 states

The Aging and Disability Resource Center (ADRC) Demonstration Grant Initiative, Interim Outcomes Report

<http://www.adrc-tae.org/documents/InterimReport.doc>

n4a Best Practices Showcase

2005

- Mental Health Specialist (Anne Arundel County Department of Aging) – Staff psychologist does short-term case management and some counseling in the home and without cost to client

n4a Best Practices Showcase

■ 2006

- Aging and Mental Wellness Coalition of Sedgwick County – Collaboration of 10 local agencies (depression screenings, mental wellness presentations and suicide prevention education)
- Hope Options – Collaboration of Snohomish County AAA, Everett Housing Authority and local mental health provider (promotes stable housing and independent living)

n4a Best Practices Showcase

2007

- Geriatric Screening Initiative (New York City Department for the Aging) – Joint project of NY City Dept. for the Aging, Dept. of Health and Mental Hygiene and Mental Health Association of New York – identifies depressed seniors in high risk areas of New York City and increases access to treatment
- Club Pathway (Jefferson Area Board of Aging, Charlottesville, VA) – Early intervention and educational process for caregivers caring for those diagnosed with memory loss

Caregiving Initiatives

- Education for caregivers
- “Resources for Caregivers 2007 ” (Distributed to AAAs/Title VI by n4a through grant from MetLife Foundation)
 - *What Every Patient, Family, Friend, and Caregiver Needs to Know About Psychiatry, 2nd Edition*
 - Mental Health America



What's on the Horizon?

- What – n4a Mini Survey
- When – Early 2008
- Why – Find out what AAAs and Title VI programs are doing to facilitate idea exchange

Can We Do More?



What are the Possibilities

- Partnerships
- Education
- Materials
- Best Practices

“Thank You”



More Information

Helen Eltzeroth

Deputy Director, Programs and
Communications

National Association of Area Agencies on Aging
(n4a)

1730 Rhode Island Avenue, NW, Suite 1200

Washington, DC 20036

202.872.0888

heltzeroth@n4a.org