

**NASMHPD**

**National Association of State  
Mental Health Program Directors**

**NASMHPD Summer 2009  
Commissioners Meeting**

**July 19-21, 2009**

**Hyatt Regency St. Louis Riverfront  
315 Chestnut Street  
St. Louis, Missouri 63102  
(314) 655-1234**

**AGENDA**

**PLEASE TURN ALL CELL PHONES OFF OR PLACE ON SILENCE/VIBRATE WHILE MEETINGS ARE IN SESSION. THANK YOU.**

**Sunday, July 19, 2009**

**Overlap Day with State Psychiatric Hospital Superintendents**

**REGISTRATION and BUFFET BREAKFAST** 8 a.m. – 9 a.m.  
(Regency Prefunction South)

**Opening Remarks** 9 a.m. – 9:15 a.m.  
(Regency C)

*Virginia Trotter Betts, M.S.N., J.D., R.N., F.A.A.N., President, NASMHPD Board of Directors; Commissioner, Department of Mental Health and Developmental Disabilities, State of Tennessee*

*Joseph Parks, M.D., Chair, Medical Directors Council; Director, Comprehensive Psychiatric Services, Department of Mental Health, State of Missouri*

*Ron Adler, CEO, Alaska Psychiatric Institute, Anchorage, Alaska*

**Trauma and Recovery** 9:15 a.m. – 10 a.m.  
(Regency C)

*Tonier Cain, Technical Assistance Lead for the National Center for Trauma Informed Care (NCTIC), NASMHPD Office of Technical Assistance, Alexandria, Virginia*

Ms. Cain shares her personal experience moving through multiple systems of care. She will talk about how easy it is for providers to re-traumatize an individual, and the difference it makes when trauma issues are addressed.

**SAMHSA's CMHS Funded Harvard/NASMHPD Program for Executive Leadership in State Mental Health Administration, "How to Mainstream Behavioral Health into Health Policy"** 10 a.m. – 11 a.m.  
(Regency C)

*Steven A. Schroeder, M.D., Distinguished Professor of Health and Health Care Department of Medicine; Director, Smoking Cessation Leadership Center, University of California San Francisco*

The speaker will draw on personal and policy experience to review why behavioral health is unduly isolated. He will then suggest a set of attitudes and actions that could integrate behavioral health into mainstream health policy.

**BREAK** 11 a.m. – 11:15 a.m.

***In-SHAPE: Improved Health Status Through Social Inclusion for Persons with Severe Mental Illness***

(Regency C)

11:15 a.m. – 12:15 p.m.

*Kenneth Jue, M.S.S.A., Chief Executive Officer, Monadnock Family Services, Keene, New Hampshire*

*Stephen J. Bartels, M.D., M.S., Professor of Psychiatry at Dartmouth Medical School; Director of the Aging Services Research Program and Director of the Behavioral Health Policy Institute at the NH-Dartmouth Psychiatry Research Center; Medical Director of the State of New Hampshire Division of Behavioral Health.*

Initiated in 2003, In-SHAPE is a lifespan enhancing wellness program targeted for persons with severe mental illness. Presenters will discuss its basic underlying tenets, including social inclusion, leveraging of community partnerships and resources, person-centeredness, and the model of health mentor supported health promotion. Additionally, presenters will provide a description of the results of outcome studies and ongoing, federally funded research on effectiveness and implementation.

**PLENARY LUNCH - *Peer Support Whole Health***

(Regency A & B)

12:15 p.m. – 1:45 p.m.

*Larry Fricks, Vice President, Depression and Bipolar Support Alliance, Chicago, Illinois*

Peer Support Whole Health promotes peer-supported, self-directed whole health that is Medicaid billable and emerging in new state system transformation grants funded by SAMHSA through NASMHPD. This session will highlight this new approach of trained peers promoting sustainable change in health behaviors of other peers to address preventable medical conditions and risk factors contributing to early death and promote holistic recovery.

**TRANSITION BREAK**

1:45 p.m. – 2 p.m.

***The Joint Commission: CMS and State Hospital Accreditation***

(Regency C)

2 p.m. – 3 p.m.

*Michael F. Hogan, Ph.D., Commissioner, New York State Office of Mental Health (Moderator)*

*Paul Schyve, M.D., Senior Vice President, The Joint Commission, Oakbrook Terrace, Illinois*

State psychiatric hospitals are critical components of the continuum of care required to meet the mental and physical health needs of those served by state systems. By focusing on evidence-based standards and the use of techniques of robust process improvement, the Joint Commission's goal is to help these hospitals — and other accredited organizations — achieve high reliability with respect to the safety and quality of care they provide. For state hospitals subject to the Medicare Conditions of Participation, the Commission has integrated the Conditions into the accreditation standards, and is in active discussion with the Centers for Medicare and Medicaid Services to revise or reinterpret those Conditions that create barriers to high quality, safe patient care.

**BREAK** (Regency Prefunction South)

3 p.m. – 3:15 p.m.

***Olmstead and CRIPA: Redefining the Standard of Care***  
(Regency C)

3:15 p.m. – 4:15 p.m.

*Robert Bernstein, Ph.D., Executive Director, Judge David L. Bazelon Center for Mental Health Law, Washington, D.C.*

This session will review key requirements of the Olmstead decision and the Civil Rights of Institutionalized Persons Act (CRIPA) as they relate to state hospitals and state mental health departments. In addition, it will examine some commonplace factors that signal patterns of non-compliance with these requirements and that place systems at risk of legal action.

***Preparing Your Direct Care Staff to Work in a Changing System of Care: A Workforce Core Competencies Curriculum***  
(Regency C)

4:15 p.m. – 5:15 p.m.

*Kevin Ann Huckshorn, R.N., M.S.N., Director, Division of Substance Abuse and Mental Health, Delaware Health and Social Services; Former Director, NASMHPD Office of Technical Assistance*

*Pat Shea, M.S.W., M.A., Deputy Director, NASMHPD Office of Technical Assistance, Alexandria, Virginia*

This session provides an overview of a curriculum that NASMHPD has developed to support the training of direct care staff working in in-patient and community residential adult mental health treatment settings. The impetus for creating these training modules was to provide the public mental health field with tools for communicating with direct care staff a “shared understanding” of the key components, competencies, and principles of a transformed mental health system. The presenters cover the background of this effort, a discussion of the modules that are included within the curriculum, as well as information on how states and facilities might use these materials.

**NETWORKING RECEPTION/DINNER ABOARD THE  
“TOM SAWYER” RIVERBOAT**

6:30 p.m. – 9:30 p.m.

This event is an opportunity for Commissioners and State Hospital Superintendents to take a ride down the Mississippi River on a 19th century replica steamboat while enjoying spectacular food and live music. Relax and network with your colleagues while seeing the sights of the St. Louis skyline.

**LOGISTICS:** Participants can begin boarding the “Tom Sawyer” Riverboat at 6:30 PM which is docked at the St. Louis Levee. The vessel will depart at 7:00 PM and will return to the dock at 9:30 PM...**Please note that NO PASSENGERS MAY BOARD PRIOR TO 6:30 PM.**

Walking and taxi cab directions will be provided at the meeting.

**Monday, July 20, 2009**

<p><b>New Commissioner Breakfast with A. Kathryn Power, M.Ed., Director, Center for Mental Health Services, SAMHSA, and Virginia Trotter Betts (TN), M.S.N., J.D., R.N., F.A.A.N., President, NASMHPD Board of Directors</b> (Sterling Studio 3)</p>	<p>8 a.m. – 8:50 a.m.</p>
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**BUFFET BREAKFAST** 8 a.m. – 9 a.m.  
(Regency Prefunction South)

***Closed Dialogue with A. Kathryn Power, M.Ed., Director, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration (SAMHSA)***  
(Regency C) 9 a.m. – 10 a.m.

*A. Kathryn Power, M.Ed., Director, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration (SAMHSA)*

***Briefing on Developing National Core Competencies for State Hospital Superintendents: Removing the Mystery of Effective Leadership*** (Everyone Welcome)  
(Regency C) 10 a.m. – 11 a.m.

*Kevin Ann Huckshorn, R.N., M.S.N., Director, Division of Substance Abuse and Mental Health, Delaware Health and Social Services; Former Director, NASMHPD Office of Technical Assistance*

*Frank A. Ghinassi, Ph.D., Vice President, Quality and Performance Improvement, Western Psychiatric Institute and Clinic University of Pittsburgh Medical Center; Assistant Professor in Psychiatry, University of Pittsburgh School of Medicine*

*Bob Quam, M.A., C.B.H.E., Hospital Administrator, GEO Care/TCFTC*

The emerging mental health system is focused on providing recovery/resiliency-oriented services as its sole and compelling goal. In order to support states in their efforts to improve and enhance their systems, a group of national experts was convened this spring to identify and articulate a set of competencies, roles, responsibilities, tasks, skills, and attributes of State Hospital Superintendants that collectively serve to promote recovery and foster resilience. The presenters will offer an overview of this experts meeting, a discussion of the eight core competencies that were identified, and information on a resource kit of materials that was developed as a result of the meeting that is publicly available to support such efforts. There will be time for Q & A with the audience.

**BREAK** 11 a.m. – 11:15 a.m.

**Briefing on the Policy Document, “NASMHPD’s Priorities for Health Care Reform”**

(Closed Session)

(Regency C)

11:15 a.m. – 11:45 a.m.

*Virginia Trotter Betts, M.S.N., J.D., R.N., F.A.A.N., President, NASMHPD Board of Directors; Commissioner, Department of Mental Health and Developmental Disabilities, State of Tennessee*

*Elizabeth Prewitt, M.A., Director of Government Relations, NASMHPD, Alexandria, Virginia*

**BUFFET REGIONAL LUNCH** (Closed Session)

11:45 a.m. – 1:30 p.m.

- **Discuss “NASMHPD’s Priorities for Health Reform” – Please Be Prepared to Have Regional Representative Provide Feedback to Larger Group**

Northeastern Region (*Mills Studio 6 – Fourth Floor*)

Mid-Western Region (*Sterling Studio 3 – Second Floor*)

Western Region (*Sterling Studio 9 – Second Floor*)

Southern Region (*Mills Studio 3 – Fourth Floor*)

**\*Non-State Mental Health Staff and Guests** (Sterling Studio 6)

**TRANSITION BREAK**

1:30 p.m. – 1:45 p.m.

**Washington Update and Business Session** (Closed Session)

(Regency C)

1:45 p.m. – 3:15 p.m.

- Feedback from Regions on “NASMHPD’s Priorities for Health Reform” (5 minutes each region)

**Washington Update** (Elizabeth Prewitt, M.A., NASMHPD’s Director of Government Relations)

- NASMHPD’s Priorities for Health Reform
  - Congressional Proposals
  - The Administration
- Other NASMHPD Priorities
  - Parity Implementation
  - MH Block Grant Funding/other appropriations
  - Medicaid Regulations
  - Federal Agency Relations (CMS/SAMHSA/HRSA)

**Business Session**

2:45 p.m. – 3:15 p.m.

- Update on NASMHPD Medical Directors Council [Joe Parks, M.D. (MO) and Alan Radke, M.D. (MN)]
- Election of Officers

**BREAK** (Regency Prefunction South)

3:15 p.m. – 3:30 p.m.

**Update on the State Budget Status and Commissioners Reactions (Closed Session)**

(Regency C)

3:30 p.m. – 4:15 p.m.

*Ted Lutterman, Director of Research Analysis, NASMHPD Research Institute, Inc.,  
Alexandria, Virginia*

*Kevin Martone, M.S.W., Deputy Commissioner, Department of Human Services, State of  
New Jersey*

*Laura Nelson, M.D., Acting Deputy Director, Division of Behavioral Health Services,  
Department of Health Services, State of Arizona*

**Missouri's Multimodal Approach to Integrating Behavioral Health and Primary Care**

(Everyone Welcome)

(Regency C)

4:15 p.m. – 5:15 p.m.

*Joseph Parks, M.D., Chair, Medical Directors Council; Director, Comprehensive  
Psychiatric Services, Department of Mental Health, State of Missouri*

Missouri is using a 3 pronged approach to integrating Primary Care and Behavioral Healthcare: CMHC as a HealthCare Home utilizing electronic health records and MH case management, co-location of MH and PCP services at both CMHCs and FQHCs, and Disease management for pre-diabetic SMI persons. This session will give a brief overview of each approach. Presenters and subsequent panel discussion will include leadership from Missouri's SMHA, Medicaid agency, Coalition of Community Mental Health Centers, and Primary Care Association representing FQHCs.

***DINNER ON YOUR OWN***

***Tuesday, July 21, 2009***

**CONTINENTAL BREAKFAST**

(Regency Prefunction South)

8:30 a.m. – 9 a.m.

***Mental Health Services for People Who Are Deaf or Hard of Hearing***

(Regency C)

9 a.m. – 10:30 a.m.

*Candice Tate, Ph.D., President and CEO, National Coalition on Mental Health and  
Deaf Individuals*

This presentation will give state mental health program directors a comprehensive look at the unique mental health and substance abuse issues of deaf and hard of hearing populations from a systems perspective. Dr. Candice Tate, a profoundly deaf psychologist, and President and CEO of the National Coalition on Mental Health and Deaf Individuals (NCMHDI) will present background and demographics of deaf and hard of hearing populations and associated epidemiology statistics. The presentation will end with a discussion on available resources and key action steps.

***Building Consensus for Transformation: A PBS/Fred Friendly Seminars Initiative,  
“Minds on the Edge”***  
(Regency C)

10:30 a.m. – 12 Noon

*Joan Erney, J.D., Deputy Secretary, Office of Mental Health and Substance Abuse Services, State of Pennsylvania*

*Richard Kilberg, President, Fred Friendly Seminars, Columbia School of Journalism*

*Minds On The Edge: Facing Mental Illness*, a Fred Friendly Seminar premiering this fall on PBS, can be a compelling media tool to engage targeted constituencies, as well as the larger public, in constructive conversation about how to improve support and treatment for people with severe mental illness. Mr. Kilberg will show excerpts of the program and describe events taking place around the country that are models of civic and professional engagement.

***Closing Remarks and Adjourn***  
(Regency C)

12 Noon – 12:15 p.m.

*Virginia Trotter Betts, M.S.N., J.D., R.N., F.A.A.N., President, NASMHPD Board of Directors; Commissioner, Department of Mental Health and Developmental Disabilities, State of Tennessee*