
**National Association of State Mental Health Program Directors
(NASMHPD) Winter 2009 Commissioners Meeting
and Overlap with the International Initiative for Mental Health
Leadership (IIMHL)**

Sunday, December 6 - Tuesday, December 8

Key Bridge Marriott
1401 Lee Highway
Arlington, Virginia 22209
Phone: (703) 524-6400
Fax: (703) 524-8964

AGENDA

Overlap Day with IIMHL

Sunday, December 6, 2009

**We ask that you please turn your cell phones off or to vibrate during sessions. Thank you.*

Sunday, December 6, 2009

Business Casual Dress

9 a.m. – 10 a.m.

Registration and Buffet Breakfast

10 a.m. – 10:15 a.m.

Opening Remarks

(Potomac Salons ABC)

Virginia Trotter Betts, M.S.N., J.D., R.N., F.A.A.N., President,
NASMHPD Board of Directors; Commissioner, Department
of Mental Health and Developmental Disabilities, State of
Tennessee

10:15 a.m. – 11:15 a.m.

Opening Ceremony and Presentation on Mental Health Programs for the Native American Populations

(Potomac Salons ABC)

Spero Manson, Ph.D., Director, Division of American Indian and Alaska Native Programs, University of Colorado Health Sciences Center, Denver, Colorado

Jon Kei Matsuoka, Ph.D., Dean and Professor, University of Hawaii, School of Social Work, Honolulu, Hawaii

11:15 a.m. – 11:30 a.m.

Break

11:30 a.m. – 12:15 p.m.

Strategic Planning in Difficult Economic Times: Facilitated Discussion on Mission, Vision, and Priorities

(Potomac Salons ABC)

Ted Lutterman, Director of Research Analysis, NASMHPD Research Institute, Inc., Alexandria, Virginia

Geoff Huggins, Head of Mental Health, Scottish Government Primary and Community Care

Kathy Langlois, Director General of Community Programs First Nations and Inuit Health Branch, Government of Canada

12:15 p.m. – 12:30 p.m.

Transition Break

12:30 p.m. – 2:15 p.m.

Break Out Buffet Lunch with International Leaders: Continued Dialogue on Mission, Vision, and Priorities During Difficult Economic Times

(Lower Level)

****International Guests Should Join One of These Breakouts***

States with County Systems

(Francis Scott Key Salon A)

**States with Centralized Systems/
Multiple Hospitals**

(Francis Scott Key Salon B)

Small States/Single Hospital

(Georgetown Salon A)

Large State Systems

(Georgetown Salon B)

NASMHPD Staff and Other Guests

(Georgetown Salon C)

2:15 p.m. – 2:30 p.m.

Transition Break

2:30 p.m. – 3:30 p.m.

***SAMHSA’s CMHS Funded NASMHPD
Program for Executive Leadership in State
Mental Health Administration, “Making Progress in
Tough Times”***

(Potomac Salons ABC)

Howard Goldman, M.D., Director, Department of Psychiatry,
University of Maryland, School of Medicine, Baltimore,
Maryland

3:30 p.m. – 3:45 p.m.

Break

3:45 p.m. – 5 p.m.

Mandated Community Treatment

(Potomac Salons ABC)

An intense international debate, often fueled by highly-publicized acts of violence in the community, is occurring on the legitimacy and effectiveness of policies requiring people with mental illness to accept outpatient treatment. Many assume that court-ordered treatment as an outpatient is simply an extension of long-existing policies authorizing involuntary commitment to a hospital. In fact, however, outpatient commitment is only one of several forms of “leverage”—including access to welfare benefits and subsidized housing, and treatment as a condition of probation or in a mental health court—commonly used to obtain adherence to outpatient services. Ongoing research supported by the MacArthur Foundation and directed by Professor Monahan is evaluating the outcomes produced by mandated community treatment—for the individual, for the mental health system, and for society.

John Monahan, Ph.D., Professor, University of Virginia, Institute of
Law, Psychiatry and Public Policy (ILPPP), Charlottesville,
Virginia

6 p.m. – 8 p.m.

***Welcome Reception for Pamela Hyde, J.D.,
New Administrator for the Substance Abuse and
Mental Health Services Administrator*** (Everyone Welcome)

(Capital View Ballroom Foyer 2 – 14th Floor)

Join us for heavy hors d’oeuvres and cash bar

Dinner on Your Own

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Monday, December 7, 2009

7:45 a.m. – 8:50 a.m.

NRI, Inc. Board of Directors Meeting

(Washington Room – 3rd Floor)

8 a.m. – 9 a.m.

Networking Buffet Breakfast

9 a.m. – 10 a.m.

Dialogue with A. Kathryn Power, M.Ed.,

Director of SAMHSA's Center for Mental Health

Services (Closed Session for State Mental Health
Commissioners and Their Staff)

(Potomac Salons ABC)

A. Kathryn Power, M.Ed., Director, Center for Mental Health
Services, Substance Abuse and Mental Health Services
Administration, Rockville, Maryland

10 a.m. – 11 a.m.

***Mental Health Online – Improving Outcomes with Self
Help Programs***

(Potomac Salons ABC)

(Continued)

Love them or hate them, computers are part of our personal and professional lives. The last ten years have seen the emergence of the innovative and cost-effective use of technology in mental health services, with web-based CBT, email counseling, text messaging for youth and online self-help. The desire for accessing services in these ways have been borne out by the uptake of such services, and there is emerging evidence of the impact such services has on service user outcomes. This presentation profiles two innovative high profile examples where online technology can be seen to be improving mental health outcomes. Mr. Thapliyal will discuss New Zealand's National Depression Initiative – "The Journal" and Dr. Carreine will present and demonstrate computer-based psychosocial support for long-duration U.S. spaceflights.

Anil Thapliyal M.Ed, J.P., N.Z.A.C., General Manager, Lifeline
Aotearoa, Auckland, New Zealand

James A. Carreine, Ph.D., Instructor in Medicine, Harvard Medical
School, Research and Clinical Psychologist, Beth Israel
Deaconess Medical Center, Division of Clinical Informatics

11 a.m. – 11:15 a.m.

Break

11:15 a.m. – 12:30 p.m.

Washington Update (Closed Session for State Mental Health
Commissioners and Their Staff)

(Potomac Salons ABC)

Elizabeth Prewitt, Director of Government Relations, National
Association of State Mental Health Program Directors,
Alexandria, Virginia

NASMHPD's Priorities for Health Care Reform

- Key Provisions related to Mental Health and Substance Use in House and Senate bills
- Outlook/Timing

Health Care Reform Implementation

- Role of States
- Challenges

Other NASMHPD Priorities

- Parity implementation
- MH block grant funding/other appropriations
- SAMHSA Reauthorization
- Medicaid Regulatory Issues
- Health Information Technology

12:30 p.m. – 1:45 p.m. ***Networking Regional Break Out Buffet Lunch*** (3rd Floor)
(Closed Session for State Mental Health Commissioners and
Their Staff)

****Buffet Lunch set up in Lincoln Room**

NorthEast Region	(Washington Room)
MidWest Region	(Monroe Room)
South Region	(Jefferson Room)
West Region	(Jackson Room)

NASMHPD Staff and Guests (Adams Room)

1:45 p.m. – 2 p.m. ***Transition Break***

2 p.m. – 3:15 p.m. ***Business Session*** (Closed Session for State Mental Health
Commissioners and Their Staff)
(Potomac Salons ABC)

- Toolkit on Violent Incidents in Communities (James Reinhard, M.D. (VA))
- Psychotropic Medications and Children (Joe Parks, M.D.)
- Update on NASMHPD President's Task Force on Returning Veterans and Their Families (Nancy Rollins (NH))
- Washington Update Continuation

3:15 p.m. – 3:30 p.m. ***Break***

3:30 p.m. – 4:45 p.m. ***NIMH Recovery After an Initial Schizophrenic Episode
(RAISE) Initiative: Potential Health and Economic
Benefits of Early Intervention*** (Everyone Welcome)

(Potomac Salons ABC)

Schizophrenia is a life-long, disabling mental disorder. Beginning in adolescence or early adulthood, symptoms and functional difficulties associated with schizophrenia continue for decades. Treatment costs, which include treatments for medical comorbidities such as diabetes and cardiovascular disease, were \$22.7 billion in 2002; costs related to homelessness and law enforcement added an additional \$9 billion to the economic burden of schizophrenia in 2002 (Wu et al, 2005). New research suggests that coordinated and sustained intervention soon after the first psychotic episode may improve clinical outcomes and reduce long term disability. The NIMH-sponsored Recovery After an Initial Schizophrenia Episode (RAISE) initiative will test whether two early intervention packages built for the "real world" can improve clinical outcomes and achieve cost savings by improving functioning in individuals with schizophrenia.

Michael Hogan, Ph.D., Commissioner, New York State Office of
Mental Health, State of New York (*Moderator*)

Robert K. Heinssen, Ph.D., National Institute for Mental Health,
Bethesda, Maryland

Lisa B. Dixon, M.D., M.P.H., Co-Principal Investigator; Professor of
Psychiatry, University of Maryland, School of Medicine,
Baltimore, Maryland

Mary Brunette, M.D. Medical Director, Bureau of Behavioral Health,
New Hampshire, Department of Health and Human Services;
Associate Professor of Psychiatry, Dartmouth Medical School,
Concord, New Hampshire

Dinner on Your Own

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Tuesday, December 8, 2009

8:30 a.m. – 9 a.m.

Continental Breakfast

(Continued)

9 a.m. – 10 a.m.

***Dialogue with Richard Frank, Ph.D. and Ruth Katz from
The HHS Office of the Assistant Secretary for
Planning and Evaluation (ASPE)***

(Potomac Salons ABC)

Richard Frank, Ph.D., Deputy Assistant Secretary, Office of
Disability, Aging, and Long-Term Care Policy, Office of the
Assistant Secretary for Planning and Evaluation, U.S.
Department of Health and Human Services

Ruth Katz, Deputy to the Deputy Assistant Secretary, Office of
Disability, Aging, and Long-Term Care Policy, Office of the
Assistant Secretary for Planning and Evaluation, U.S.
Department of Health and Human Services

10 a.m. – 11:15 a.m.

***Key Discussion with Leaders of the Ft. Hood Mental
Health Response***

(Potomac Salons ABC)

Robert J. Ursano, M.D., Professor of Psychiatry and Neuroscience
and Chairman of the Department of Psychiatry, Uniformed
Services University of the Health Sciences; Director of the
Center for the Study of Traumatic Stress, Bethesda, Maryland

Brian W. Flynn, Ed.D., Associate Director, Center for the Study of
Traumatic Stress, Adjunct Professor of Psychiatry,
Department of Psychiatry, Uniformed Services
University of Health Sciences, Bethesda, Maryland; Former
RADM/Assistant Surgeon General in the United States Public
Health Service (USPHS)

David M. Benedek, M.D., Associate Professor, Department of
Psychiatry, F. Edward Hebert School of Medicine,
Uniformed Services, University of Health Sciences, Bethesda,
Maryland

Mark K. Brown, M.D., M.P.H., Fellow, Disaster and Preventive
Psychiatry, Department of Psychiatry, F. Edward Hebert
School of Medicine, Uniformed Services University of the
Health Sciences, Bethesda, Maryland

11:15 a.m. – 11:30 a.m.

Break

(Continued)

11:30 a.m. – 12 Noon

Commissioner Input on State Profiles

(Potomac Salons ABC)

Stephen W. Mayberg, Ph.D., Director, Department of Mental Health,
State of California

12 Noon – 12:15 p.m.

Closing Comments and Adjourn

(Potomac Salons ABC)

Virginia Trotter Betts, M.S.N., J.D., R.N., F.A.A.N., President,
NASMHPD Board of Directors; Commissioner, Department
of Mental Health and Developmental Disabilities, State of
Tennessee